

Blue Bee Lesson Plans

MONTH: February

THEME: Love, Love, Love

Family participation: Please help your child to identify their feelings by helping them to name them. We will have a Valentine exchange on Tuesday February 14th.

OBJECTIVES/GOALS:

During the month of February, the blue bees will talk about Feelings, Valentines Day and Community Helpers. We will use our puppets that we met last month to help us with naming and learn how to manage our feelings.

ACTIVITIES:

- *counting hearts (2.1.PK.A.1)
- *show me the emotion (16.1.PK.B)
- *emotions file folder games
- *goop fun (3.2.PK.A.3)
- *passing out Valentines
- *smiling/frowning guessing game
- *community helpers collage (5.3.PK.C)
- *bake and decorate cupcakes

SOCIAL/EMOTIONAL:

- *recognizing your friends feelings (16.1.PK.A)
- *reading body language
- *working on staying on green on the behavior chart (5.1.PK.A)
- *follow healthy habits (cover cough and or sneeze, wash hands after potty and before and after eating) (10.2.PK.A)

COGNITIVE/PROBLEM SOLVING

- *matching emotions (how does the emotion look)
- *placing the correct puzzle pieces in the correct spots
- *who's smile/frown is that
- *working on how to get your friends to listen by using your words (16.1.PK.B)
- *working on solving confrontation by talking it out (5.2.PK.B, 16.1.PK.C)

LANGUAGE/COMMUNICATION

- *using our words to describe how we are feeling (happy, sad, mad, ect.)
- *finding own name when lining up to leave the room
- *naming the job that you picked
- *using words with peers (I don't like when, I want to play alone, I want to play with you, I need help.)

FINE MOTOR:

- *putting caps on markers
- *using markers and crayons to make face on our feelings pictures
- *placing bandages on our patient
- *putting puzzles together

GATHERING TIME:

BOOKS: See Monthly Calendar (1.1.PK.A, 1.2.PK.B,1.3.PK.D)

Large Motor Activity: Hokey Pokey, Train Song, Rumble Boogie, Airplane Song, Roller Coaster. (9.1.M.PK.B, 10.1.PK.B)

SONGS: Happy Feeling, Feelings Spider, The More We Get Together, Love, Love, Love (9.1.M.PK.A)

SELF HELP SKILLS:

- *putting on snow clothing
- *using the potty independently
- *opening dishes at the lunch table
- *soothing self at rest time to fall asleep
- *washing hands independently

Art Activities: feelings face, valentine cards, valentine collage, valentine bags, center pieces for the pancake breakfast, party hats, I Am Special mirrors, painting with dental floss, easel painting, doctor collages. (9.1.V.PK.A, 9.1.V.PK.B, 9.1.V.PK.E)

Happy Feeling

I've got that happy feeling, happy feeling here in my heart,
Here in my heart, here in my heart.

I've got that happy feeling, happy feeling here in my heart,
Here in my here to stay.

I've got that happy feeling, happy feeling here in my feet,
Here in my feet, here in my feet.

I've got that happy feeling, happy feeling here in my feet,
Here in my feet to stay.

I've got that happy feeling, happy feeling here in my hands,
Here in my hands, here in my hands.

I've got that happy feeling, happy feeling here in my hands,
Here in my hands to stay.

I've got that happy feeling, happy feeling all over me,
All over me, all over me.

I've got that happy feeling, happy feeling all over me,
All over me to stay.

**Change the feeling word happy to (sad, mad, scared, excited, ect.)

Feelings Spider

The happy little spider
Climbed up the water spout
Down came the rain
And washed the happy spider out
Out came the sun
And dried up all the rain
And the happy little spider
Climbed up the spout again.

**Change the feeling word happy to (sad, mad, scared, excited, ect.)

The More We Get Together

Oh, the more we get together	For your friends are my friends
Together, together	And my friends are your friends
Oh, the more we get together,	Oh, the more we get together
The happier we'll be!	The happier we'll be!

The People in Your Neighborhood

A song from Sesame Street

Oh, who are the people in your neighborhood
In your neighborhood
In your neighborhood.
Oh, who are the people in your neighborhood,
The people that you meet each day.

Oh, the fireman is a person in your neighborhood,
In your neighborhood, in your neighborhood.
The Fireman is a person in your neighborhood,
A person that you meet each day.

Add verses with other people in the neighborhood; grocer, mail carrier, shoemaker etc.