

Make the most of your health and benefits

My Online ServicesSM
makes it easy for you

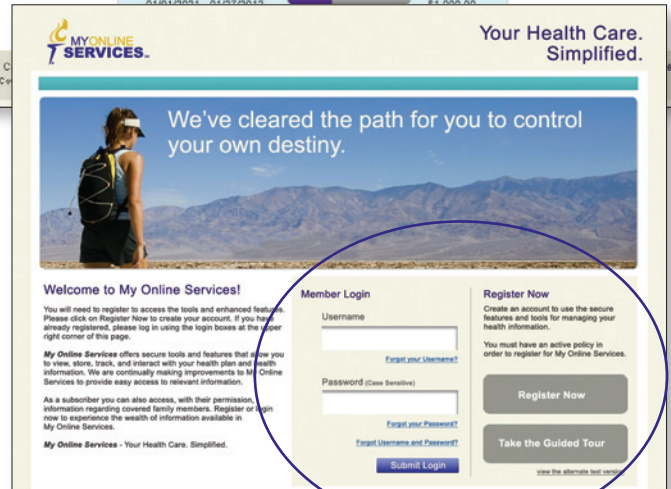


Coventry Health Care makes it easy for you to manage your health and benefits with **My Online Services**. The most important information is right in front of you — where it's easiest to use. From a single screen you can access:

- **Your personal health record**, allowing you to view, store and track your information securely
- **Provider search tools** that connect you with providers that best match your needs
- **Claims activity** showing how much of your deductible you've met and other important information
- **Coventry WellBeingSM tools** featuring a health risk assessment and personalized digital coaching
- **Medications** including dosage and last refill date with easy access to the prescription drug formulary and drug information
- **Lab results** marking your most recent tests and results
- **Health news** presenting important breaking news that is tailored to your needs
- **Calendars and reminders** so you can track appointments and schedule reminders for important services

With just the click of a mouse, you can also:

- View personal information, update your profile, and request change of address and/or phone information
- Check eligibility and benefits



- View explanation of benefits online
- Request, display or print a temporary ID card
- Find a policy list
- Look into referrals or authorizations
- Send a secure email
- Update your communication preferences

Make the most of your health and benefits. Take advantage of the valuable tools available to you at My Online Services. Here's how to get there:

- ✓ Visit the Web address shown on your ID card.
- ✓ From the My Online Services welcome page, you can log in or choose "Register Now" if you are a new user.
- ✓ Follow the instructions given to register.