

dollars & sense



To receive an answer by e-mail, members can use the NurseLine link in [My Online Services](#). Registered nurses will respond to questions within 24 hours securely online via e-mail.

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How can you save money on health care services?

Ask for help.

You can talk with registered nurses 24 hours a day, seven days a week by calling toll-free **1-866-491-4462**. Our nurses are trained to help members find the right care in the right setting by:

- Asking about symptoms.
- Helping you decide if you or your family member needs to see a doctor or go to the emergency room.
- Offer you advice for care at home.

Call our NurseLine any time you are sick, injured or have any health care question. You will get immediate answers and help in making the best health care decisions for you and your family.