


## Busy Bee Lesson Plan

**Theme:** Sun Safety

**Date:** May 26-30

**Objectives and Goal:** Children will learn how to be safe in the sun. We will talk about how sunscreen, sunhats, sunglasses and covering up keeps us protected from the sun. We will also talk about how finding shade and drinking a lot of water can also protect us from the sun.

**Special Activities / Parental Information:** Please bring sunhats and sunglasses for the children to wear outside.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Large Motor Activity</b>	DCCC CLOSED	Shadow dancing (have fun dancing on shadows made by the sun)	Shade / Sun game (children will run to the shade or sun based on what is called out)	Follow the leader (each child will take turns do something that the rest of the class will follow)	Take a walk and look for shade from the sun and shadows made by the sun
<b>Circle Time Activity</b>		What is sun safety? (make a list of what the children say)	<b>Read:</b> Beach Day	<b>Song:</b> I Am Sun-Safe All Day Long	<b>Read:</b> Fun Dog, Sun Dog
<b>Small Group Activity</b>		Sun safety cards (the children will choose a color of construction paper and glue on a few pieces of other construction paper strips, then place the paper in the windows and at the end of the week we will remove the strips to see what the sun has done to the paper)	Sun Catchers (children will decorate the middle of a paper plate with colored tissue paper)	Spreading sunscreen (using white paint we will place sunscreen on paper dolls, add clothing and pick out a sun hat to put on our paper doll)	Make a picture of yourself being safe in the sun (teachers will label what the children drew)

<b>Changes To The Environment</b>	<b>Block Area:</b> Cardboard Scarves Handkerchiefs (children can use them to create shade)	<b>Table Toys:</b> Sun safety file folder game	<b>Science / Discovery:</b> Shade Shadows Fading of construction paper Colored Sand	<b>Dramatic Play</b> Hats Sunglasses Cover up clothing
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<b>Self-Help Skills:</b> *Opening food containers at lunch *Putting on helmets 10.1-3.3 *Making own cot 5.2.1 *Putting on socks and shoes	<b>Social / Emotional Skills:</b> *Emotional regulation 25.2.1 *Respect & Empathy 25.4.2 *Behavioral Regulation 25.2.2	<b>Fine Motor Skills:</b> *Cutting with scissors *Wooden puzzles <b>Large Motor Skills:</b> *Peddling bikes *Climbing the ladders and beanstalk on big playground
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**I Am Sun Safe All Day Long** (sung to “Old MacDonald Had A Farm)

I am sun-safe all day long, ee ii ee ii oo

I wear a hat to shade my face, ee ii ee ii oo

\*sunscreen to block the sun

\*sunglasses to protect my eyes

With a floppy hat here, and a floppy hat there,

\*slather here, and a slather there

\*blink blink here, and a blink blink there

here a hat, there a hat, everywhere a floppy hat

\*slather, there a slasher, everywhere a slather, slather

\*blink, there a blink, everywhere a blink, blink

I am sun-safe all day long, ee ii ee ii oo