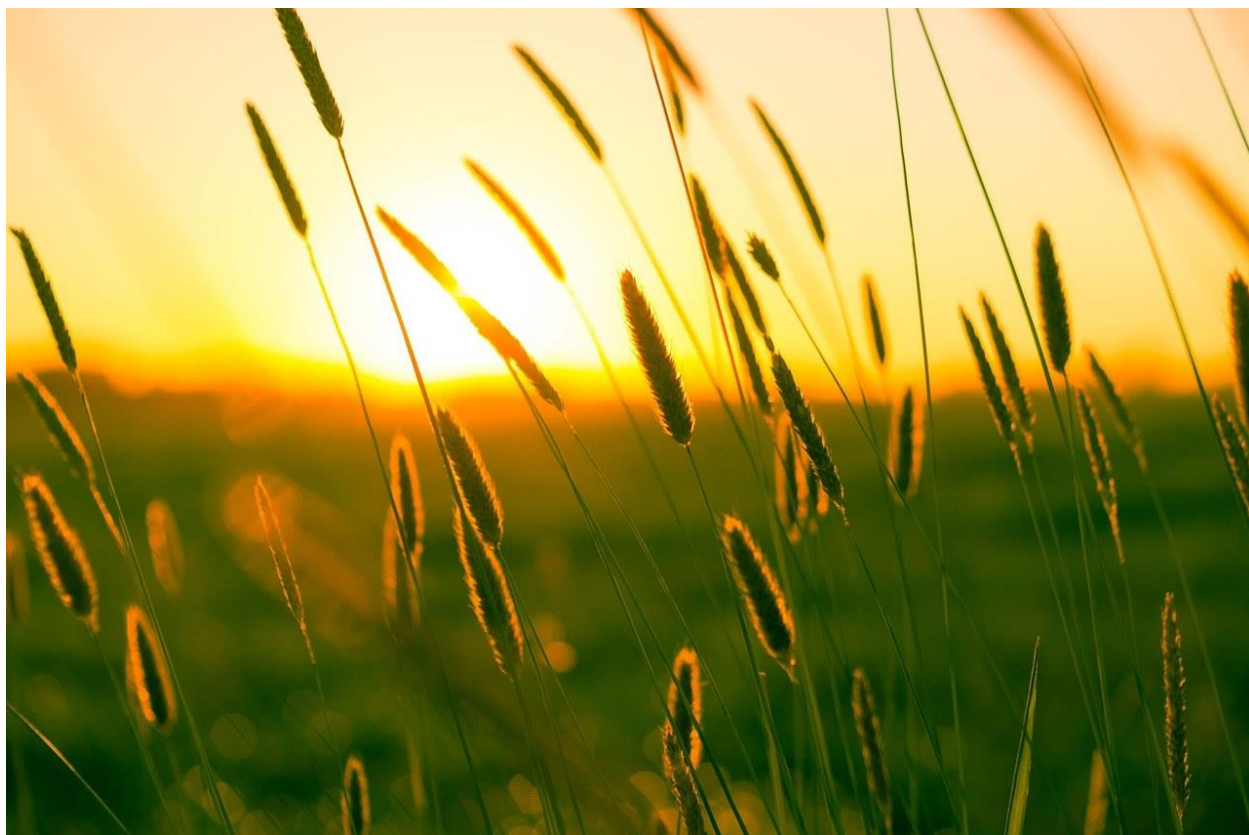




Vitality - Summer 2025

Dickinson

HUMAN RESOURCE SERVICES

1 - Volume XIX | Issue 10

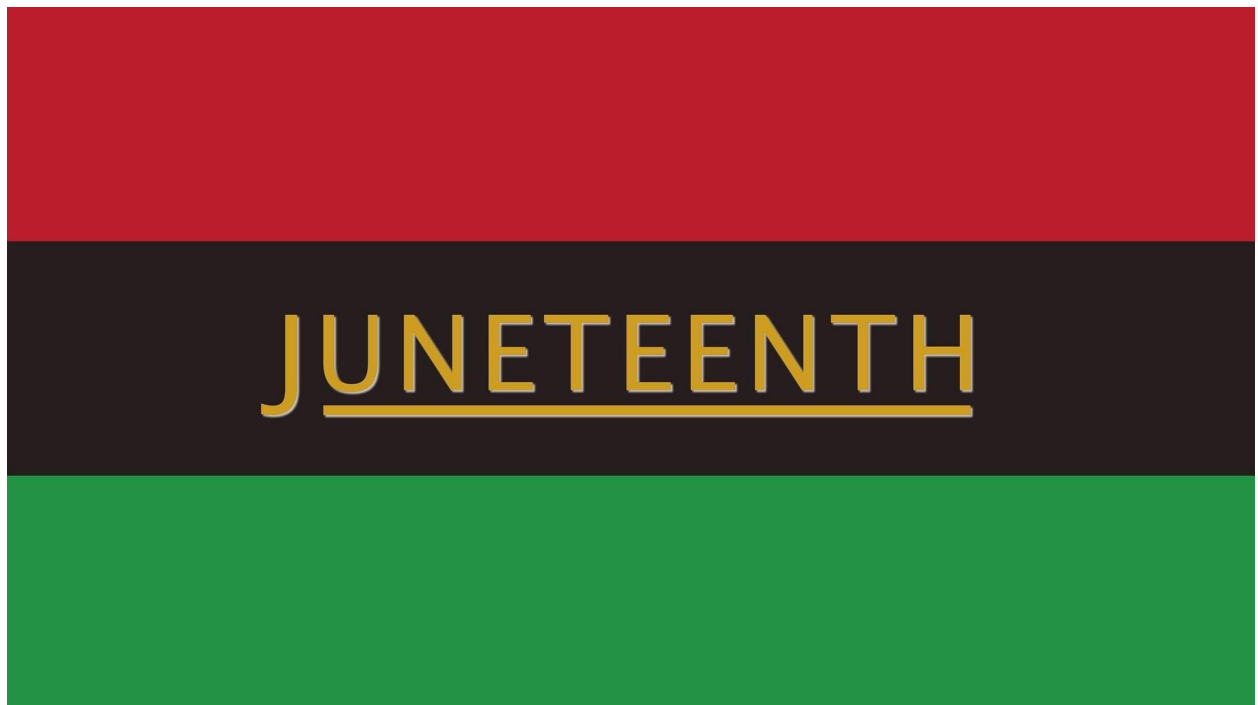
In This Issue



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The navigation tool in the lower right-hand corner allows you to skip through sections of the newsletter.

Accessibility View: Click on the three dots in the upper right corner, choose Accessibility View.



<https://youtu.be/6FX-lisvrj8>

Juneteenth (short for June 19), also known as Emancipation Day or Black Independence Day, commemorates the ending of slavery in the U.S. It is recognized in many states as a state holiday and special day of observance to celebrate African-American freedom, culture and achievement, while encouraging continuous self-development and respect for all cultures.

Here are a few ways you can honor ***Juneteenth***:

Participate in Juneteenth events in your community. Attend Juneteenth free lectures and discussions.

Hope Station's Juneteenth Festivities¹

Saturday, June 14 | 149 W. Penn Street, Carlisle

- **Inaugural Mile for Justice²** | Registration begins at 7:30 a.m., Race Starts at 9 a.m.
- **Health Fair³** | 10 a.m. - 4 p.m.
- **Freedom Festival Block Party⁴** | 11 a.m. - 4 p.m.

Sunday, June 15

- **Juneteenth Fashion Show & Brunch⁵** | 11 a.m. - 2 p.m. | Comfort Suites, Hanover Street, Carlisle

Monday, June 15

- **Explore the Underground Railroad⁶** | 10 a.m. - 4 p.m. | William C. Goodridge Freedom Center, York PA (meet at Hope Station for brunch and travel)

Tuesday, June 17

- **Building Generational Wealth: First-Time Home Ownership & Legacy Building⁷** | 10 a.m. - 4 p.m. | Todd Hall at Cumberland County Historical Society, 21 North Pitt Street

Wednesday, June 18

- **The Muse, the Audience, and the Griot: The Expression and History of Blackness through Art⁸** | 5 - 8 p.m. | Hope Station

¹<https://www.carlislehopestation.org/events>

²<https://www.carlislehopestation.org/events/mile-for-justice-racewalk>

³<https://www.carlislehopestation.org/events/health-fair>

⁴<https://www.carlislehopestation.org/events/freedomblockparty>

⁵<https://www.carlislehopestation.org/events/juneteenth-fashion-show-brunch>

⁶<https://www.carlislehopestation.org/events/explore-the-underground-railroad>

⁷<https://www.carlislehopestation.org/events/building-generational-wealth-first-time-homeownership-legacy-building>

⁸<https://www.carlislehopestation.org/events/the-muse-the-audience-and-the-griot-the-expression-and-history-of-blackness-through-art>

- **Lincoln Cemetery Community Event⁹** | 8:30 - 9:30 p.m. | Memorial Park, 149 W. Penn Street

Saturday, June 21

- **Stand Up Comedy: Earl David Reed and Friends¹⁰** | 1 - 2:30 p.m. | Carlisle Theater, 40 W. High Street



MILE FOR JUSTICE

Join Hope Station and our partners for the first-ever Mile for Justice Walk/Run & Health Fair!

149 W. Penn St.
Carlisle, PA 17013

JUNE 14TH 2025
Registration at 7:30 AM
Race/Walk begins at 9 AM

Registration:

- ✓ Children 12 & under are free
- ✓ Anyone over 12 is \$30
- ✓ Hope Station t-shirt and water bottle **FREE** with registration!

REGISTER HERE:



717-249-5144
info@carlislehopestation.org



⁹<https://www.carlislehopestation.org/events/lincolnceremony>

¹⁰<https://www.carlislehopestation.org/events/stand-up-comedy-earl-david-reed-friends>



HEALTH FAIR

Celebrate Juneteenth
with Hope Station at
our Health Fair!

At our health fair, you'll have
the opportunity to:

- ✓ Participate in a variety of **FREE** screenings
such as:
 - mental health
 - blood pressure
 - back to school physicals
 - cholesterol, blood sugar, lipo
protein, inflammation, lipids,
diabetes, and Alzheimer's
- ✓ **FREE** yoga classes and Zumba classes



717-249-5144



www.carlislehopstation.org

Location: Hope Station: 149 W Penn St, Carlisle PA 17103

Time: 10:00am - 4:00pm



JUNETEENTH Freedom Festival Block Party

HOPE STATION JUNE 14
149 W. PENN ST 11AM-4PM

FREE ADMISSION AND ACTIVITIES

Delicious Food
Live DJ
Live Entertainment
Ice Cream Truck
40 Vendors
Dunk Tank
Bouncy House
Face Painting



Hope Station
(717) 249- 5144
www.carlislehopestation.org





**Hope
Station**
Lifting Voices, Breaking Barriers



Registration



Celebrating Freedom:

A JUNETEENTH FASHION SHOW & BRUNCH

This extraordinary showcase will honor the spirit of Juneteenth by blending tradition and modernity in a breathtaking display of style with music and some local designers! With an atmosphere of unity, this event is more than a fashion show—it's a tribute to freedom and a toast to empowerment. Brunch will be provided.

JUNE 15, 2025

11 am - 2 pm

Comfort Suites: Downtown Carlisle
10 S Hanover St, Carlisle PA 17013

Entrance Fee

\$20.00

(717) 249-5144 | info@carlislehopestation.org | www.carlislehopestation.org



BUILDING GENERATIONAL WEALTH: FIRST-TIME HOMEOWNERSHIP & LEGACY BUILDING

Join us for an empowering and interactive Forum dedicated to Building Generational Wealth through First-Time Homeownership & Legacy Building through:

- **Expert-Led Discussions:** Learn from seasoned professionals about the pathways to homeownership.
- **First-Time Homebuyer Guidance:** Gain essential tools and resources to navigate the home-buying process,
- **Legacy Planning & Wealth Preservation:** Explore strategies for passing down assets, protecting wealth, and ensuring financial security for future generations.
- **Networking Opportunities:** Connect with industry leaders, lenders, and community organizations



Time: 10am-4pm



Todd Hall (Cumberland County Historical Society) 21 N Pitt St, Carlisle PA 17013



June 17, 2025

FREE BUT REGISTER AT



Phone Number
717-249-5144



Website
www.carlislehopestation.org

JUNETEENTH CELEBRATION

The Muse, the Audience, and the Griot: **The Expression and History of Blackness Through Art**

A Creative Workshop and Discussion at Hope Station

Wednesday June 18, 2025: 5-8pm

Join artist and activist **Keziah Landis** for a guided painting workshop and conversation about the Black identity as expressed through caricatures and portraits (Jim Crow through the modern day). The event will also feature a pop-up exhibit about Jazz and the Blues by **The Trout Gallery**.

REGISTER HERE:



This event is **FREE**
and registration
is required.

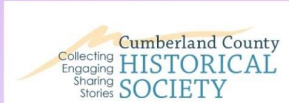
Ages 16-Adult

Includes Beverages
and Refreshments!

featured images by Keziah Landis



**Hope
Station**
Lifting Voices, Breaking Barriers



LINCOLN CEMETERY COMMUNITY EVENT

**June 18
8:30pm**

**Memorial Park
149 W. Penn St**

Join us for a lighting ceremony to honor the
veterans buried at Lincoln Cemetery.



Hope Station
www.carlislehopestation.org
@carlislehopestation
(717) 249- 5144

Cumberland County Historical Society
www.historicalsociety.com
@cchscarlislepa
(717) 249- 7610



- TO CLOSE OFF JUNETEENTH -

STAND UP COMEDY



SPECIAL PERFORMANCE

EARL DAVID REED
AND FRIENDS

**THE UNHUSHED SISTERS AS
THE OPENING ACT**



SATURDAY JUNE 21, 2025

1:00 - 2:30PM

CARLISLE THEATER

40 W HIGH STREET

CARLISLE, PA 17013

TICKET - **\$15**

GET YOUR TICKETS HERE:

**[HTTPS://GIVEBUTTER.COM/EARL
DAVIDREED](https://givebutter.com/earldavidreed)**

**THANK YOU TO OUR
SPONSORS: CARLISLE THEATER AND
HOPE STATION**



Learn about—and support—policies, new ventures, and organizations that promote and protect the freedom and civil rights of everyone. For example, volunteer for an organization or donate to groups dedicated to this mission.

- **Hope Station**¹¹, Carlisle: *rallies the community around important causes by hosting community events throughout the year.*

Seek to understand the culture and history of slavery and emancipation. Tour historical sites that honor the abolishment of slavery and cultural institutions dedicated to creating awareness for racial equity.

- The National Park Service website offers information on the origins of Juneteenth¹²!

Deepen understanding and show support. Read historic and contemporary books written by Black authors and poets, listen to Black artists, and watch Black shows and movies.

- The Waidner-Spahr Library has a book display¹³ during the month of June. Find related materials on their Juneteenth¹⁴ resource guide and the National Museum of African American History & Culture¹⁵, or consult with a librarian by emailing.

¹¹<https://www.carlislehopestation.org/>

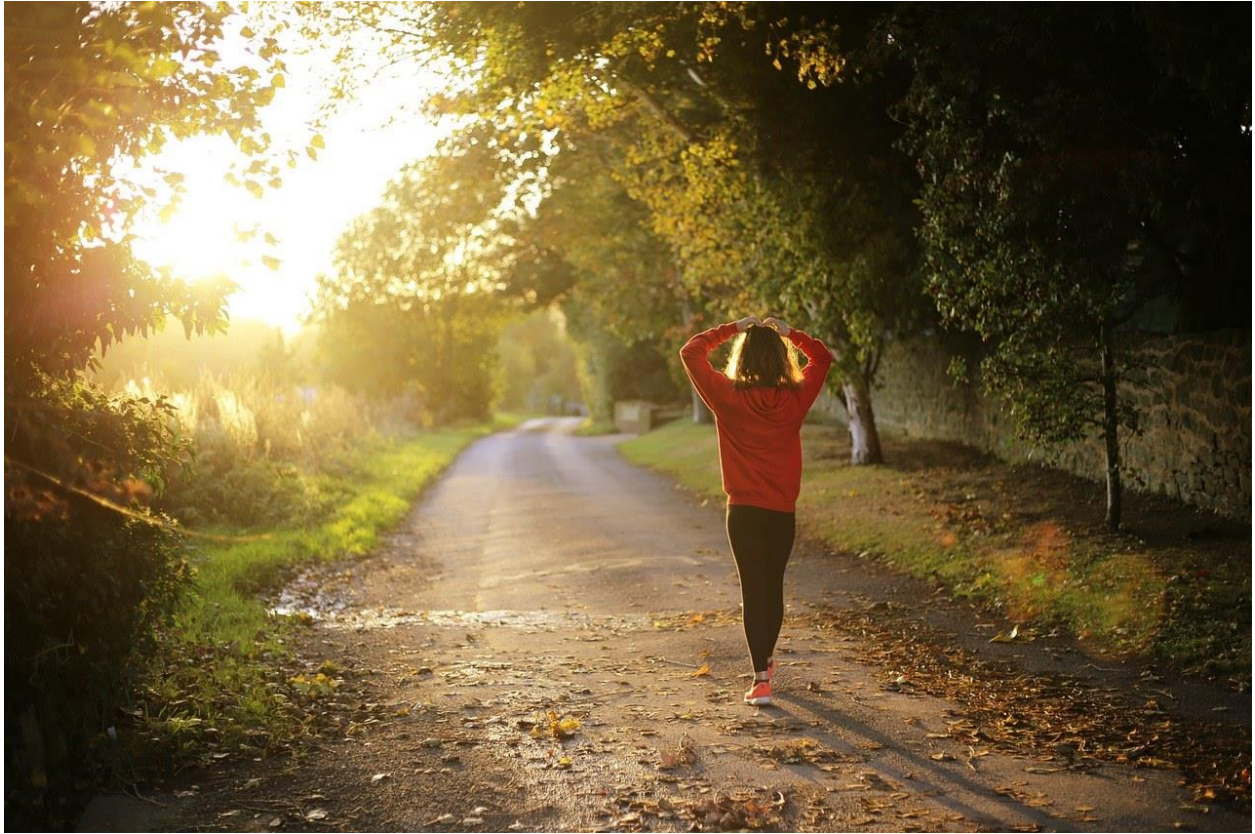
¹²<https://www.nps.gov/articles/juneteenth-origins.htm>

¹³<https://libguides.dickinson.edu/LibraryEvents/bookdisplays>

¹⁴<https://libguides.dickinson.edu/juneteenth>

¹⁵<https://nmaahc.si.edu/explore/stories/historical-legacy-juneteenth>

2025 Spring Into Fitness Challenge



The Divisional winner of the 2025 Spring Into Fitness Challenge Golden Sneaker trophy: Information & Technology Services – with highest average cumulative exercise minutes per participant of 2,557 for the 6-week challenge.





This year's six-week challenge included **47 active participants** and 10 teams with fun names:

- *Advancercisers*
- *DCCC Rules!*
- *Devilishly Fit*
- *Escape the Workday*
- *Harmony Way*
- *Ketchup If You Can*
- *Lunch Crunchers*
- *Naughty Fine Nine*
- *Risky Business*
- *SOAR Legs*

Stats:

- **87,917 total active/exercise minutes**
- ***A cumulative average of 1,871 minutes per participant. This exceeds the recommended daily/weekly exercise minutes for the 6-week period of 150-210 minutes per week or 30 minutes of exercise 5-7 days per week!***

- **11,544,344 steps** or around 5,722 miles. (for those who reported steps; not everyone did!)

Challenge winners:

- **The Mini-team overall winner of the Spring Into Fitness Challenge** *for having the highest average cumulative active/exercise minutes: **Escape the Workday***
- **Mid-Way Mini Team Challenge** *for having the highest average cumulative active/exercise minutes during weeks 1-3: **Escape the Workday***
- **Individual highest exercise/active minutes: *Mary Rhoades, Dining Services*, with **7,699 minutes****
- **Mini Team highest number of recorded campus activity participation: *Harmony Way***
- **Individual highest number of recorded campus activity participation: *Sheri Davis-Cordell, Education***
- **10K-a-Day Challenge winner**, *determined by a random drawing from all (12 participants) who had at or over 420,000 steps cumulatively during the Challenge: **Rob Beckelheimer, AVP for Advancement***

We look forward to hosting the fall and spring challenges in 2025-2026 and hope you all enjoyed the activities and programs this spring.

Employee Announcements



Community Donut Socials



Community Donut Socials | Tuesday mornings, June 17 through August 19

Please come to Weiss patio each Tuesday this summer from 9-10 a.m. to enjoy the company of colleagues and some donuts! (*Rain location: Weiss lobby*)



College Holidays/Closures

As a reminder, the college will be closed on the following days:

- **Thursday, June 19:** *Juneteenth Holiday*
- **Friday, July 4:** *Independence Day*

Minimal staffing during holidays/closures may be required. For more information, please consult your immediate supervisor.

References:

2024-25 Holiday Schedule¹⁶

2025-26 Holiday Schedule¹⁷

Sick Leave Bank



Do you have vacation time that you are not sure what to do with? If you are a full-time nonexempt employee, consider donating a day (or up to five days) to the Sick-leave Bank.

The college maintains a paid sick leave bank which is available to full-time nonexempt employees as follows:

- Nonexempt employees may donate up to five vacation days each fiscal year (in increments of one day or more, at any time during that year) to the college sick leave bank.
- For every day or larger increment, the college will match the employee's donation with an identical amount of time.
- The maximum size of the college sick leave bank will be 2,000 hours (1,000 donated by employees and 1,000 donated by the college).

To be eligible to participate in the sick leave bank, employees must:

- have worked full-time for the college for at least one year;

¹⁶https://www.dickinson.edu/info/20083/human_resource_services/4575/holiday_calendar/2

¹⁷https://www.dickinson.edu/info/20083/human_resource_services/4575/holiday_calendar

- have donated at least one full day of vacation, to the sick leave bank in the past fiscal year and prior to being unable to perform essential job-related duties;
- be unable to perform essential job-related duties because of an extended, non-job-related illness or injury of more than 10 days;
- have exhausted all accrued sick, short-term disability, floating holidays and vacation.

No one person may receive more than six months paid sick leave from the sick leave bank in any 12-month period. Requests for use of the leave must be sent to the vice president of Human Resource Services through the employee's supervisor and department head.

Nonexempt staff may complete this Microsoft Form¹⁸ or pdf form¹⁹ and return it via email attachment to Human Resource Services²⁰.

For more information about the sick leave bank and eligibility, please refer the Employee Handbook²¹.

New Benefit for FY26: Pet Insurance

Effective July 1, the college is offering voluntary pet insurance through MetLife²². Individuals may customize their plan by choosing the deductible and other elements of plan coverage. Interested employees will sign up directly through MetLife.

MetLife Pet Insurance provides for essential needs, such as accidents, illnesses, cancer, ear infections, and more. Optional protection is available for preventive care including flea & tick, spay/neuter, heartworm, behavioral training, etc.

Features:

- Covers all breeds & ages
- Optional wellness coverage

¹⁸<https://forms.office.com/Pages/ResponsePage.aspx?id=VbAyYrl2E0ybiLVirn22-5iv2UbYuHBNUSSk7RQbQbFUNes2VINDUENQUhMNjXRlhEUjFaUEhRNiQIQCN0PWcu>

¹⁹https://www.dickinson.edu/download/downloads/id/10542/sick_leave_bank_donation_form.pdf

²⁰<mailto:hrservices@dickinson.edu>

²¹https://www.dickinson.edu/download/downloads/id/15766/sick_leave_bank.pdf

²²https://www.dickinson.edu/info/20083/human_resource_services/4588/metlife_pet_insurance

- No waiting period for accidents, 14 days for illness
- Hereditary, congenital and chronic conditions covered
- Telehealth concierge service
- Loss or theft coverage
- Cremation & burial benefits, grief counseling
- MetLife Pet mobile app (manage your pet's health records online; view policy, submit/track claims; live 24/7 vet chat; find nearby pet services)

Policy premium paid monthly directly to MetLife, not payroll deducted.

Visit Pet Insurance from MetLife | Customizable Same-Day Plans²³ for more information.

Get a free quote by clicking here²⁴ or scan the QR code.

If you have any questions, please contact hrservices@dickinson.edu²⁵.

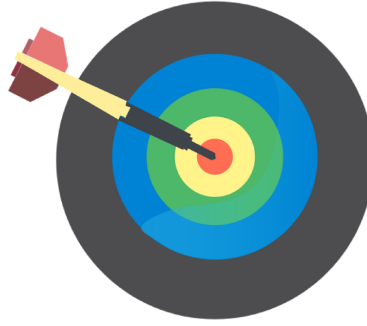


²³<https://www.metlifepetinsurance.com/>

²⁴<https://quote.metlifepetinsurance.com/pet?partnerid=999999>

²⁵<mailto:hrservices@dickinson.edu>

2025 Performance Appraisals



On Thursday, May 1, the 2025 Annual Performance Appraisal form was sent to staff members via email. Due to the implementation of an upgrade to Workday, this appraisal will be handled outside of the Totara system and consists of an overall summary for the review period from July 2024 to June 2025 and the development of goals for fiscal year 2026.

The appraisal process should be completed by Friday, August 29. Fully completed and signed forms by both the employee and the supervisor should be returned via the form entry found here: <https://www.dickinson.edu/xfp/form/472>. The form link is also available on the "employee" channel of the Gateway.

Please note: employees who had a three- or six-month introductory review scheduled after January 31, 2025, were not included in the May 1, email. Introductory reviews will continue to be completed in Totara.

Questions should be directed to Dennette Moul²⁶ or Carol Shaffer²⁷.

²⁶<mailto:mould@dickinson.edu>

²⁷<mailto:shaffeca@dickinson.edu>

Bookstore & FAS Mail Center - Employee Charging

The ability for employees to charge on account will discontinue at the Bookstore and FAS Mail Center, beginning July 1, 2025. This convenience is rarely used by employees and the implementation of the new Workday system would add complexity to the process since it would require additional integrations. The Bookstore and FAS Mail Center both accept cash and credit cards as forms of payment.

Questions should be directed to Student Accounts²⁸.

Employee Spotlight



²⁸<mailto:stuaccts@dickinson.edu>

Employee Recognition Brunch

On Thursday, May 29, we recognized and congratulated employees of the college who will have completed five or more years of service as of July 1, 2025. We thank all faculty and staff for your dedication and work in support of our mission.

** Number of years represents cumulative years of service as of July 1, 2025. Length of service is calculated to include all time worked for the college as a full or part-time employee, excluding breaks in service. Please note: years of service to be recognized as a “Senior of Old Bellaire” include full-time service only.*

Photographs courtesy of Dan Loh, Assistant Director of Visual Media



50 YEARS OF DICKINSON SERVICE

NAME

Weissman, Neil

DEPARTMENT

Education

45 YEARS OF DICKINSON SERVICE

NAME

Feldman, Susan

DEPARTMENT

Philosophy

40 YEARS OF DICKINSON SERVICE

NAME

Pham, De

DEPARTMENT

Infrastructure Systems

35 YEARS OF DICKINSON SERVICE

NAME

Fernandez Barone, Angie

DEPARTMENT

Office of Admissions

Johnston, Carol Ann

English

Sadvary, Bill

Infrastructure Systems

Schlitt, Melinda

Art and Art History

Number of years represents cumulative years of service as of July 1, 2025. Length of service is calculated to include all time worked for the college as a full or part-time employee, excluding breaks in service.





30 YEARS OF DICKINSON SERVICE

NAME

DEPARTMENT

Connell, Andrew	User Services
Ellerman, Lisa	Mail Center
Hoover, Nancy	President's House
Jackson, David	Physics and Astronomy
Kirkham, Karen	Theatre and Dance
Laurent, Dominique	French
Schubert, Dan	Sociology
Willey, Polly	Financial Operations
Zwemer, Chuck	Biology

25 YEARS OF DICKINSON SERVICE

NAME

DEPARTMENT

Bowermaster, Jodie	Office of CASE
Braund, Jennifer	Wellness Center
Himes, Jay	Public Safety
Hurley, Deb	Devil's Den
Klimkos, Susie	Kline Center
Morrison, Vic	Facilities Management
Portilla, Christina	Facilities Management
Qualls, Karl	History
Richeson, David	Mathematics and Computer Science
Su, Adrienne	Creative Writing
Tolentino, Minda	User Services

Number of years represents cumulative years of service as of July 1, 2025. Length of service is calculated to include all time worked for the college as a full or part-time employee, excluding breaks in service.



20 YEARS OF DICKINSON SERVICE

NAME	DEPARTMENT
Arsenault, Todd	Art and Art History
Ball, Jeremy	History
Bayat, Hosniah	Dining Services
Copeland, Eva	Spanish
Davidson, Lauren	Office of Marketing & Communication
Ellis, Edward	Facilities Management
Farrant, Andrew	Economics
Flinchbaugh, Kim	Clarke Forum
Gutshall, Mandy	Children's Center
Kann, Nitsa	Judaic Studies
Kiner, Michael	Facilities Management
Meikrantz, Elizabeth	Annual Giving
Orr, Mary	User Services
Sweet, Lisa	Financial Operations
Sweger, Ben	Sponsored Research
Triller-Doran, Malinda	Library Services
Truman, Kevin	Infrastructure Systems
Wlodarski, Amy	Music

Number of years represents cumulative years of service as of July 1, 2025. Length of service is calculated to include all time worked for the college as a full or part-time employee, excluding breaks in service.





15 YEARS OF DICKINSON SERVICE

NAME	DEPARTMENT
Arnedo, Maria Asuncion	Spanish
Bostic, Sarah	Children's Center
Castellanos Gonella, Carolina	Spanish
Connor, Rebecca	Chemistry
DeBlasio, Alyssa	Russian
DeLutis-Eichenberger, Angela	Spanish
Dobyns, Jennifer	Office of the President
Jones, Marni	ADS and SOAR
Kniesch, Jennifer	Art and Art History
Krabiel, James	Art and Art History
Lanzilotta, Luca	Italian
Lape, Noreen	Education
Lehotsky, Dot	VP of Student Life
Phillips, Siobhan	English
Seiler, Claire	English
Seretti, Alan	Athletics
Shevlin, Jamie	Office of CASE
Silva, Mary	Financial Operations
Sokol-Albert, Andi	Music
Toth, Liz	Alumni Engagement
Walker, David	Office of the Treasurer
Wimer, Laci	Children's Center

Number of years represents cumulative years of service as of July 1, 2025. Length of service is calculated to include all time worked for the college as a full or part-time employee, excluding breaks in service.



10 YEARS OF DICKINSON SERVICE

NAME	DEPARTMENT
Adams, Bill	Facilities Management
Buchanan, Doug	Music
Chilton, Amanda	Print Center
Flaherty, Heather	Trout Gallery
Fogelsanger, Pamela	Enterprise Applications
Groves, Matthew	Facilities Management
Hunter, Ruth	Music
Kosticky, Kristen	Facilities Management
Lopp, Isaac	User Services
Ma, Nan	East Asia Studies
Marchetti, Katie	Political Science
McGuire, Belinda	Mail Center
Milberry, William	User Services
Mowery, Ebert	Facilities Management
Orris, Lisa	German
Ren, Wei	Art and Art History
Ritchie, Maria	Office of the Provost/Dean
Russell, Sue	Trout Gallery
Seburn, Chastity	Facilities Management
Skalak, Chelsea	English
Soldin, Adeline	French
Strohman, Greg	Music
Thibodeau, Alyson	Geosciences
Wall, Bruce	Kline Center
Wilson, Brittany	Dining Services
Wilson, Jessica	AVP for Advancement
Winn, Stephen	Office of Title IX
Young, Evan	History
Zhang, Rui	Psychology

Number of years represents cumulative years of service as of July 1, 2025. Length of service is calculated to include all time worked for the college as a full or part-time employee, excluding breaks in service.





NAME	DEPARTMENT
Attanasio, Julia	Individual Giving
Boyer, Jared	Office of General
Brewer, Annie	Office of Admissions
Buttari, Brooke	Individual Giving
Chernyha, Rebecca	Office of Admissions
Dillon, Alan	Dining Services
Feduke, Kacey	Library Services
Gayman, Jeffrey	Facilities Management
Getty, Cheri	Organic Farm
Hedrick, Ian	Dining Services
Joyce, John	ADS and SOAR
Kennedy, Storm	Facilities Management
Lebo, Ashley	Wellness Center
Markowitz, Sara	Clarke Forum
Masland, Mimi	Children's Center
McMonagle, Jennifer	Athletics
Megivern, Laura	Center for Civic Learning
Poe, Michael	Dining Services
Raich, Eddie	Facilities Management
Seburn, Makayla	Facilities Management
Slutensmith, Tonia	Dining Services
Tellep, Ashlee	Dining Services
Vandale, Susan	Library Services
Wibbey, Marley	Dining Services
Zak, Beth	Asbell Center
	Individual Giving

5 YEARS OF DICKINSON SERVICE

NAME	DEPARTMENT
Attanasio, Julia	Individual Giving
Boyer, Jared	Office of General Counsel
Brewer, Annie	Office of Admissions
Buttari, Brooke	Individual Giving
Chernyha, Rebecca	Office of Admissions
Dillon, Alan	Dining Services
Feduke, Kacey	Library Services
Gayman, Jeffrey	Facilities Management
Getty, Cheri	Organic Farm
Hedrick, Ian	Dining Services
Joyce, John	ADS and SOAR
Kennedy, Storm	Facilities Management
Lebo, Ashley	Wellness Center
Markowitz, Sara	Clarke Forum
Masland, Mimi	Children's Center
McMonagle, Jennifer	Athletics
Megivern, Laura	Center for Civic Learning in Action
Poe, Michael	Dining Services
Raith, Eddie	Facilities Management
Seburn, Makayla	Facilities Management
Stutenroth, Tonia	Dining Services
Telep, Ashlee	Dining Services
Vandale, Susan	Library Services
Weibley, Susan	Dining Services
Weiner, Marley	Asbell Center
Zak, Beth	Individual Giving

Number of years represents cumulative years of service as of July 1, 2025. Length of service is calculated to include all time worked for the college as a full or part-time employee, excluding breaks in service.

Distinguished Staff Awards

During the Recognition Brunch, the inaugural Distinguished Staff Award was presented. This award recognizes the outstanding achievements, dedication, and contributions of our staff members. It celebrates those who have demonstrated exceptional performance, leadership, and commitment in support of the mission of the college.

Eligibility Requirements

To be eligible for the Distinguished Staff Award, nominees must have met the following criteria:

- Staff who are currently employed at Dickinson College and were hired prior to January 2024. This includes full-time, part-time, and casual employees of the college.
- Demonstrate excellence in their role (e.g., outstanding performance, innovation, collaboration, leadership, exceptional service, mentorship, problem solving, continuous improvement, etc.).
- Have made significant contributions that positively impact the college community.
- Exhibit a commitment to the college in one or more of the following areas: Community Engagement; Sustainability; Diversity, Equity, and Inclusion; College Operations; Student Experience; and Advancing the Priorities Outlined in the Strategic Plan.

Photographs courtesy of Dan Loh, Assistant Director of Visual Media

"It's remarkable to have 30 nominations in our first year for this award. And some people even received more than one nomination!" -- President John Jones

In addition to a plaque presented, Stacy received a \$500 bonus. Congratulations, Stacy!



2 - Stacy Rohrer, Academic Department Coordinator Music; President John Jones



3 - Stacy Rohrer, President John Jones



4 - Stacy Rohrer



5 - Jennifer Blyth, Professor of Music; Ellen Gray, Associate Professor of Music; Stacy Rohrer, Barb Neiberg, Academic Department Coordinator Music; Lisa Turchi, Contributing Faculty in Voice

Winners within each of the following categories received a \$100 bonus and a framed certificate signed by Doug Pauls, Chair of the Board of Trustees, and President John Jones.

Congratulations to those listed below and our nominees! Thank you for your contributions and service to the College!

Community Engagement: BRENDA LANDIS, Student Innovation Engagement Specialist

This category highlights those who contribute to the community through outreach, service projects, or partnerships, strengthening the connection between the college and its surrounding community.

Brenda was praised for her dedication to a “useful” education—one that empowers students to apply what they learn far beyond the classroom. From her innovative approach to storytelling and podcasting, to her work as advisor to the radio station and her efforts to build bridges between campus and community, Brenda's impact is profound. She exemplifies what it means to lead with purpose, no matter your title.



6 - James D'Annibale, Director of Academic Technology (podium); Jill Forrester, CIO & Vice President of Information and Technology Services



7 - Brenda Landis, Student Innovation Engagement Specialist; Jill Forrester



8 - Brenda Landis

Sustainability: LINDSEY LYONS, Director of Sustainability Learning

This category highlights those who promote and foster a culture of sustainability among staff and students through waste reduction and resource conservation initiatives.

Lindsey was praised for her ability to seamlessly unite students, faculty, and community partners through programs like Free Exchange, North Side Ride, and the Valley & Ridge faculty workshop. Her mentorship of student workers is a model of structure, empowerment, and care. She leads with intention—centering equity, sustainability, and collaboration in everything she does. The impact of her work is felt across campus and throughout Carlisle, and Lindsey's thoughtful, joyful approach inspires all who work with her.



9 - Jeanette Diamond, Change Manager (podium); Karen Faryniak, Chief of Staff & Secretary of the College



10 - Lindsey Lyons, Karen Faryniak



11 - Lindsey Lyons

Diversity, Equity, and Inclusion: YVETTE DAVIS, Director of the Popel Shaw Center

This category highlights those who contribute to inclusive learning and working environments as well as promoting access, opportunity, and justice.

Yvette Davis was described as a cornerstone of the campus community—someone who quietly but powerfully uplifts others through her work with the Popel Shaw Center, the BERT team, Posse, ACE Peer Mentors, and more. She is a trusted mentor, a tireless advocate for students of color, and a compassionate presence who listens, educates, and empowers. Whether Yvette is planning events, offering guidance, or simply being available, her impact is deeply felt and widely appreciated.



12 - Tony Boston, Vice President and Chief Diversity Officer



13 - Yvette Davis, Director of the Popel Shaw Center



14 - Maria Ritchie, Executive Assistant Provost's Office; Tony Boston, Yvette Davis

College Operations

This category highlights those who improve college operations, including innovative solutions and process enhancements. Key attributes include collaboration, attention to detail, problem-solving skills and work ethic.

JAKE DAINS, SASA ESH, ROGER ROWE; Project Crew

The Project Crew was recognized for their countless room setups, furniture moves, and event preparations they handle—often multiple times a day and across seven-day work weeks. Whether it's transforming the Social Hall overnight or ensuring tables are ready on Britton Plaza,

their efforts make campus events possible. Their professionalism, reliability, and tireless work ethic are essential to the success of both student life and administrative operations.

MICHELLE FISHER, Assistant Director of Admissions Visit Services

Michelle was described as the heart of Admissions—someone who not only ensures every visiting family feels welcomed and valued, but also deeply supports the students who help bring Dickinson to life. She is known as the “tour guide mom” for a reason: her encouragement, empathy, and unwavering support have helped students grow, thrive, and feel at home. Michelle's impact is lasting and deeply appreciated.



15 - Sonya Wright, Assistant Director of Dining Services (podium); David Walker, Vice President of Finance & Administration



16 - Roger Rowe, Project Crew Worker; Sonya Wright; Jake Dains, Project Crew Leader; Sasa Esh, Project Crew Worker; David Walker



17 - Michelle Fisher, Assistant Director of Admissions Visit Services



18 - Michelle Fisher, Sonya Wright, David Walker

Student Experience: JULI BOUNDS, Costume Studio Supervisor

This category highlights those who enhance the student experience through mentorship, support, and development, focusing on contributions that promote co-curricular learning and student growth.

Juli was praised for the way she has transformed the costume studio into a space that is not only technically excellent but also welcoming, inclusive, and inspiring. From teaching hands-on skills and modeling sustainability to hosting crafting sessions and creating moments of joy and connection—even during the challenges of COVID—she goes above and beyond in every way. Juli's ability to meet students where they are, support them with patience and care, and help them grow is a true gift to our campus.



19 - Kevin Foster, Executive Director of Campus Life (podium); George Stroud, Vice President Student Life



20 - George Stroud; Juli Bounds was not present

Advancing the Priorities Outlined in the Strategic Plan: TARA FISCHER, Associate Provost for Student Success

This category highlights those who advance the college's strategic goals through leadership in initiatives that support its mission and vision, progressing long-term goals.

Tara was praised for her ability to connect with students of all backgrounds, her leadership in initiatives like the Advising Cadre, and her commitment to improving the student experience both inside and outside the classroom. Whether she is engaging seniors during retreats, supporting faculty advisors, or working late to help students through complex challenges, her energy, compassion, and creativity shine through. Tara is a trusted resource, a thoughtful collaborator, and a true advocate for student growth and well-being.



21 - Dan Guerrisi, Assistant Director of Financial Aid



22 - Renée Cramer, Provost and Dean of the College; Tara Fischer was not present

Thank you, Dan Loh, for capturing smiles from this fun-filled event!

Thank you to the staff forum²⁹ members for your assistance in planning this event as well as reviewing and evaluating nominations for the Distinguished Staff Award!

²⁹https://www.dickinson.edu/homepage/1722/staff_forum

































The Dickinson Award for Distinguished Teaching

The Dickinson Award for Distinguished Teaching was instituted in 1993-94 to replace the Christian R. and Mary F. Lindback Foundation Award which had been given every year since 1960. The award winner receives a cash honorarium as well as a citation prepared and read by the dean of the college at the last faculty meeting of the year. It is the highest honor the college bestows on a member of the faculty for excellence in teaching.

The recipient is determined each academic year by a faculty vote and approved by the president. **The 2025 Distinguished Teaching Award went to Mireille Rebeiz, Chair of Middle East Studies and Associate Professor of French & Francophone Studies and Women's, Gender & Sexuality Studies.**

The Constance & Rose Ganoë Memorial Award for Inspirational Teaching

Voted on annually by graduating seniors and announced by the graduating class president during Commencement, the Ganoë award is the only student-bestowed faculty accolade at Dickinson. The award was established in 1969 with a bequest from the late William A. Ganoë, class of 1902.

Sarah Kersh, *Associate Professor of English*, was named the **2025 recipient of Dickinson's Constance & Rose Ganoë Memorial Award for Inspirational Teaching**.

Hat Society Honorary Tappings

Wheel and Chain

Founded in 1924, Wheel and Chain, is a women's society known as the blue hats. This diverse group selects members for displaying leadership and character in campus activities and for service to the college and community. Honorary members for 2025 are:

- **Jacquie Forbes**, *Assistant Professor Educational Studies*
- **Michele Ford**, *Senior Lecturer in Psychology*

The Order of Scroll and Key

The order of Scroll and Key was established in the fall of 2001 with a mission of diversity and dedication to philanthropy and volunteerism in the Dickinson and Carlisle communities. 2025 honorary member:

- **Matt Steiman**, *Assistant Director of the College Farm and Energy Projects Director*

Queer Caps

Queer Caps was established in 2008 to encourage visibility of queer activists on campus. Members are selected as individuals who advocate for queer rights and consistently work to make positive change. 2025 honorary member:

- **Tori Campbell**, *Assistant Director for Residence Life*

Hera Society

The Hera Society recently celebrated 10 years of uniting, supporting and empowering female athletes at Dickinson. Honorary members for 2025 are:

- **Celine Cunningham**, *Athletic Director*
- **Allyssa Decker**, *Assistant Professor of Environmental Studies*

Get the Most Out of Your Benefits



Protect yourself from summer pests



Summer is a time to relax, enjoy the outdoors, and spend more time with friends and family. But it's also the season when bugs like mosquitoes, ticks, and bees are more active. These pests can carry diseases or cause allergic reactions, so it's important to take steps to protect yourself and your loved ones.

These simple tips can help you stay safe:



Use insect repellent

Choose a product with DEET, picaridin, or plant-based lemon eucalyptus oil. Follow the directions on the label and avoid getting it in your eyes or mouth.



Be aware of standing water

Mosquitoes breed in still water. Empty flowerpots, birdbaths, and kiddie pools regularly.



Wear protective clothing

Long sleeves, pants, and socks can help protect you, especially in wooded or grassy areas.



Stay calm around bees

If a bee comes near you, don't swat at it. Move away slowly.



Check for ticks

After spending time outdoors, check yourself, your kids, and pets for ticks. Look behind ears, under arms, and around the waist.



Use citronella candles

They help repel mosquitoes and other bugs.



Keep food covered

When eating outside, cover food and drinks to avoid attracting insects.



What to do if you get bitten or stung by a bug

- ✓ First, clean the area with soap and water.
- ✓ Then use ice and anti-itch cream to help with any swelling or itching.
- ① If you have trouble breathing, feel dizzy, or your throat tightens, get emergency help right away.

We're here to help

Reach out to us for guidance and resources.



Scan me to download our mobile app and log on today!
First-time users will need a registration code.

Call • Email • Message • Live Chat

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Summer Hydration Hacks | A Health Advocate Blog

When summer rolls around, it's easy to forget how important it is to stay hydrated. But being well-hydrated is key to feeling your best, whether you're playing outside, relaxing at the beach, or just soaking up the sun.

Read the full article³⁰ to gain tips on easy and fun hydration hacks that can help you feel cool and refreshed all summer long!

Health Advocate is a service offered for full-time employees. Health Advocate is an independent organization which will provide services to you, your children, your spouse, your parents and your spouse's parents. Complete information about the service is available at Health Advocate's website³¹.



Webinars

TIAA's collection of webinars cover financial topics from foundational to advanced. They offer practical solutions to help navigate your finances. Register at tiaa.org/webinars2025³².

Upcoming Webinars:

Thursday, June 26 at 3 p.m.: *How longevity affects financial planning and family caregiving*³³

*Webinar Series*³⁴ continues: ***Navigate market turbulence with confidence***

- **Wednesday, July 9 from noon to 1 p.m.**

Market volatility continues to challenge investors. From shifting global policies to economic uncertainty, now is the time to equip yourself with timely insights and actionable strategies.

³⁰<https://blog.healthadvocate.com/2025/05/summer-hydration-hacks/>

³¹<http://www.healthadvocate.com/>

³²<https://webinars.tiaa.org/wcc/experience/elitetiaaifssubmaster/3133860/4753882/tiaa-webinars-2025>

³³<https://event.on24.com/wcc/r/4686214/71B93046A0AAB5F1DFF5428134CA2013>

³⁴<https://event.on24.com/eventRegistration/EventLobbyServlet?target=reg20.jsp&eventid=4934846&sessionid=1&key=6825E1FB479ADF4B6F829561C3BFCBD2&groupId=6099689&sourcepage=register>

Join TIAA for a webinar series led by their Wealth Chief Investment Office, which will help you better understand current trends—and offer guidance to help you stay focused on your long-term financial goals.

Register here³⁵



Webcast HUB

Fidelity understands that today's diverse workforce has a wide range of needs and that financial wellness is unique to every individual. They developed a series of educational programs to help get the most out of your benefits and meet your goals.

Browse their educational webinar offerings by clicking here³⁶.

On Demand Option - Fidelity Viewpoints: Market Sense³⁷

Each week, Fidelity's investment leaders share insights and strategies regarding the latest market conditions.

³⁵<https://event.on24.com/eventRegistration/EventLobbyServlet?target=reg20.jsp&eventid=4934846&sessionid=1&key=6825E1FB479ADF4B6F829561C3BFCBD2&groupid=6099689&sourcepage=register>

³⁶<https://communications.fidelity.com/tem/WI/webcast/hub/>

³⁷https://fidelityevents.com/Market-Sense?utm_campaign=WIreplay

Community | For the Greater Good



Join Commute PA in celebrating Walk Awareness Month in June

Commute PA is encouraging commuters to discover the benefits of walking, whether it is walking to work or running an errand and log those trips!

WALK THIS WAY AND WIN!



CHALLENGE

Walk at least 4 days
in June.



Join today!

PARTICIPATE

Record your walk trips.

PRIZES

\$50 Tango Gift Card
to 3 randomly
selected commuters.



CommutePA.org
1.866.579.RIDE

Fill those empty seats!

Join the July Carpool Challenge

**Log at least 4 shared rides during the month
& discover new carpool buddies.**

Prizes!

\$50 Tango Gift Card
to 3 randomly
selected carpooling
commuters.



Join today!



COMMUTE PA

CommutePA.org
1.866.579.RIDE

Down on the Farm



[Join Our CSA](#)



The College Farm is an eighty-acre, USDA-certified organic farm and a living laboratory where students can gain distinctive, hands-on learning experiences. Student employees, graduate apprentices and volunteers are involved in all aspects of food production and research. The farm serves as a venue for the Dickinson community and its neighbors to experience a holistic approach to land stewardship rooted in management practices that work to sustain the natural environment.

Enjoy our fresh produce by joining our Campus Supported Agriculture (CSA)! Our harvest season runs through December, and we grow over 80 distinct varieties of vegetables, fruits, and herbs. With our CSA, you can:

- select your share size (small or large);
- select your share frequency (weekly or bi-weekly);
- select your share season (24-weeks or 30-weeks);
- select your pickup location (on the College Farm, at Kaufman Hall on Dickinson's campus, or at Project SHARE in Carlisle);
- customize your share each week;

- AND, you can add on our certified 100% grass-fed, humanely raised beef products!

Sign up for our CSA here: Dickinson College Farm³⁸.

Learn more about the CSA on our blog: Campus Supported Agriculture (CSA) – Dickinson College Organic Farm³⁹

Questions? Email farm@dickinson.edu⁴⁰



³⁸<https://dickinsoncollegefarm.csaware.com/store/>

³⁹<https://blogs.dickinson.edu/farm/csa/>

⁴⁰<mailto:farm@dickinson.edu>

<https://youtu.be/MRVqBQg4N4U>

Grilled Avocado with Strawberry and Honey

A simple, refreshing dessert to compliment your summer grilled entrée!

Servings: 4 | Serving Size: 1/2 avocado

Ingredients

- 2 cups strawberries, hulled and quartered
- 1 tablespoon honey
- 2 small avocados, halved and pitted
- Cooking spray
- 2 tablespoons chopped fresh mint

Directions

- In a small bowl, gently stir together the strawberries and honey. Cover and refrigerate for 1 to 4 hours, stirring occasionally to let the strawberries macerate and release their natural juices.
- When the strawberries are ready, preheat the grill on medium high.
- Lightly spray each avocado with cooking spray. Place the avocados on the grill with the stem side facing 10 o'clock. Grill for 1 to 2 minutes. Rotate the avocados so that the stem side is facing 2 o'clock. Grill for 1 to 2 minutes. Transfer the avocado halves to plates with the flesh side up.
- Fold the mint into the strawberry mixture.
- Spoon the strawberry mixture over each avocado half.

Source: American Heart Association⁴¹

⁴¹<https://recipes.heart.org/en/recipes/grilled-avocado-with-strawberry-and-honey>



Wednesday, June 18 and every 3rd Wednesday following | 12:30 - 1:30 p.m. | Microsoft Teams

Do you have wellness goals on your mind but find it a struggle to get started or maintain them? You're not alone! Join our new monthly virtual group coaching session, hosted by a certified health coach. Together we will support each other in our personal goals, celebrate one another's successes, brainstorm solutions to obstacles, and empower ourselves and others to

be the best we can possibly be. No commitment required--you can join regularly or anytime your schedule allows. Scan the QR Code to register or email CARESCorpWellness@UPMC.edu⁴² to request the meeting invitation.

Free Health Advocate Webinars



Register for Health Advocate's upcoming webinars or browse their on-demand library of past webinars. Click on the links provided to register for the date/time that fits your schedule.

Get a Great Night's Sleep! Successful Tips and Tricks

- **Friday, June 20 | 10 a.m.⁴³ or 4 p.m.⁴⁴**

Are you tired of tossing and turning at night? Technology, fast-paced lives, and stress can negatively impact our ability to get a good night's sleep.

During this webinar, we'll teach simple steps and strategies you can use to turn restless nights into restorative sleep. In no time, waking up refreshed and energized can be your norm!

Maximizing Your Life by Minimizing Worry

⁴²<mailto:CARESCorpWellness@UPMC.edu>

⁴³<https://register.gotowebinar.com/register/4325629821932047702>

⁴⁴<https://register.gotowebinar.com/register/916192698268437339>

- **Thursday, July 17 | 10 a.m.⁴⁵ or 4 p.m.⁴⁶**

Do you find yourself worrying all the time? You're not alone. Nearly 19 million Americans are chronic worriers, and 38% say they worry every single day. While occasional worry is a normal part of life, constant stress and overthinking can lead to serious mental and physical health issues—including anxiety, depression, and stress-related illnesses.

Join presenter, Karen Beaudoin, MSW, EAP Program Manager; where she'll dive into the root causes of worry and share practical strategies to help you break the cycle and regain peace of mind.

Raising Resilient Kids

- **Thursday, August 21 | 10 a.m.⁴⁷ or 4 p.m.⁴⁸**

As parents, we all want to give our children the best possible start in life. We work hard to create a nurturing, protective environment—but as our kids grow and face life's challenges, our own expectations, fears, and vulnerabilities can unintentionally shape their path. How can we be sure that the foundation we're building truly supports their ability to thrive?

Join presenter, Jen Hinds, M.Ed., Trainer; to explore the complexities of parenting, our unique relationships with our children, and evidence-based strategies to nurture resilience, confidence, and emotional well-being.

Suicide Prevention – What to Know and How to Help

- **Thursday, September 18 | 10 a.m.⁴⁹ or 4 p.m.⁵⁰**

Suicide affects people from all walks of life—and awareness can save lives. Recognizing the warning signs and understanding how to support someone at risk can make a critical difference. When we feel prepared to talk about suicide openly and respond with care, we become a powerful source of help and hope.

⁴⁵<https://register.gotowebinar.com/register/4108800632992711257?source=memwebpg>

⁴⁶<https://register.gotowebinar.com/register/1391112453851345497?source=memwebpg>

⁴⁷<https://register.gotowebinar.com/register/6751686837073257048?source=memwebpg>

⁴⁸<https://register.gotowebinar.com/register/8670483061612139616?source=memwebpg>

⁴⁹<https://register.gotowebinar.com/register/8782428738482549340?source=memwebpg>

⁵⁰<https://register.gotowebinar.com/register/7409079341762413148?source=memwebpg>

Join presenter Angela Dobrzynski, LPC, Trainer; to separate myths from facts about suicide, identify key risk factors and warning signs, and walk through the essential questions to ask, steps to take, and supportive resources to share.

Click here for webinar replays.⁵¹



June is National Oral Health Month

Good dental health is about more than just your smile! The Alera Group provided resources to ***Brush Up on Health:***

- The Connection Between Oral Health and Heart Disease⁵²
- What's the right way to brush your teeth?⁵³
- How Often to Replace Your Toothbrush, According to Dentists⁵⁴

Visit <http://bit.ly/jun-wellbeing2025> to access this month's wellbeing resources

⁵¹<https://www.healthadvocate.com/site/memberwebinars>

⁵²<https://www.health.com/news/dental-visits-reduce-healthcare-costs-diabetes-heart-disease>

⁵³<https://www.health.harvard.edu/blog/whats-the-right-way-to-brush-your-teeth>

⁵⁴<https://www.prevention.com/health/a62373300/how-often-to-replace-toothbrush/>

Achieving Your Summer Goals: A How-To Guide



"Making the most" of summer doesn't look the same for everyone. It's not just about vacations or special experiences. It's also an opportunity to relax, recharge, and reflect on what's important to you.

Because summer goes by so quickly, it helps to be intentional with your time and energy in a way that aligns with you, your stage of life, and the opportunities and challenges in front of you. These strategies can help:

Evaluate What's Important to You

What do you want this summer to be about? Take a moment and ask yourself:

- How do you want to feel by the end of summer—rested, energized, connected, accomplished?
- What do you need more of—quiet, adventure, family time, creativity?
- Is there something you've been putting off that you want to prioritize?

Set Realistic Goals

Once you've reflected on your priorities, set a few realistic goals that match your current bandwidth. Don't overload your summer with a long to-do list. Instead, choose one or two meaningful goals and break them into manageable steps. That might mean setting aside time each week to walk outdoors, planning a few low-key outings with friends or family, or making progress on a personal project. By focusing on what's doable, you'll build momentum—and avoid burnout.

Make Space for Rest

Rest isn't wasted time—it's essential for your mental health, focus, and well-being. Whether you're juggling work, parenting, or caregiving, it's easy to overlook rest in favor of getting more done. But even short moments of downtime can have a powerful impact. Think in terms of microbreaks: a quiet coffee on the porch, 15 minutes of reading, or a brief stretch between meetings. Prioritizing rest is one of the best ways to reclaim your energy.

Create a Schedule That Works for You

Summer can bring a change in pace—and sometimes, a change in routine. Kids may be home, work may shift, or the weather may affect your day. Instead of trying to stick to your usual rhythm, consider adapting your schedule to reflect the season. Maybe you start work earlier to enjoy the evening light, or you build in a midweek reset. Flexible routines can give you more breathing room while still helping you stay productive.

Lean Into What Brings You Joy

Sometimes we get so caught up in responsibilities that we forget to have fun. This summer, try to sprinkle in experiences that spark joy—even if they're small. Joy might come from getting your hands dirty in the garden, going for a swim, making art, cooking a new dish, or enjoying a local festival. When you prioritize joy, you're not only boosting your mood but also reinforcing a sense of purpose and connection.

Remember, your Assistance Program is also here to help 24/7/365. Services are free, confidential, and available to you and your family members by phone or online. To learn more, contact [Member Support](#).

Contact AllOne Health
855-RSL-HELP (855-775-4357)
<http://allonehealth.com/reliance-matrix>
Company Code: RSLI859

 **reliance**matrix
A MEMBER OF THE TOKIO MARINE GROUP

Powered by
ALLONE
HEALTH

Becoming Your Best Self - AllOne Health Webinar

Thursday, June 26 | noon - 12:45 p.m. | Webinar

Join AllOne Health for a webinar aimed at understanding the stages of change, striving for balance, and preparing for the next steps. Understanding the stages of change and striving for balance are crucial aspects of personal growth.

Click here to register.⁵⁵

Spring and summer exercise safety tips



The beautiful weather may inspire you to take your fitness routine outdoors. However, exercising in the sun and heat requires you to take extra precautions to ensure you stay safe. Follow these tips to stay cool, hydrated, and protected.



Stay hydrated

- Drink water **before, during, and after your workout**, even if you don't feel thirsty. Aim to drink at least 16 to 24 ounces of water per hour of exercise.
- **Snack on hydrating fruits and vegetables** like watermelon, cantaloupe, and cucumbers.



Protect yourself from the sun

- Apply sunscreen with an **SPF of 30 or higher** that protects against both UVA and UVB rays. Reapply it every two hours or after sweating or swimming.
- Wear **sunglasses with UV protection** to shield your eyes.



Time your exercise around the sun and heat

- Plan your outdoor workouts in the **early morning or late afternoon or evening** when the heat and sun's rays are less intense.
- Consider **exercising indoors during the hottest parts of the day**. Go to the gym if you belong to one, or try an at-home workout that you can do inside.



Listen to your body

- Stay mindful of your body's signals, and **adjust your workout intensity or duration** as needed to prevent heat-related illnesses.
- **Stop exercising and seek medical attention immediately** if you experience symptoms of heat-related illness, such as rapid heart rate, nausea or vomiting, dizziness, high body temperature, confusion, or intense sweating.



Scan me to download our mobile app and log on today!

First-time users will need a registration code.

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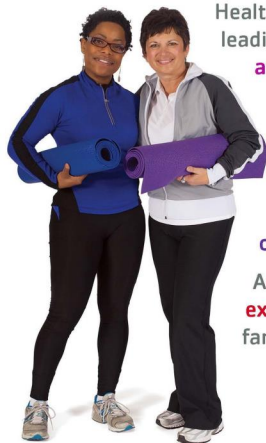
⁵⁵<https://register.gotowebinar.com/register/3940415923581637974>



FOR YOUTH DEVELOPMENT*
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Dickinson

CARLISLE FAMILY YMCA CORPORATE PARTNERSHIP



Healthy and happy employees create successful organizations — leading to **stronger communities where everyone can learn, grow and thrive.**

We are very excited to partner with Dickinson College to help improve the health and well-being of their workforce through YMCA membership, programs and services. We also connect employees to programs and services that **nurture the potential of their children and provide opportunities to support neighbors in need.**

As part of this partnership, **Dickinson College staff enjoy an exclusive 20% membership savings*** off the standard adult or family membership rate each month.

HERE'S HOW IT WORKS

I'M A Y MEMBER

Stop at the Welcome Center the next time you are at the Y. Show your Dickinson College ID to a Member Service Representative to activate your 20% discount on your adult or family membership.

I'M NOT A Y MEMBER

Bring your Dickinson College ID with you to the Welcome Center. Be sure to inform the Member Service Representative that you work for Dickinson College and show them your ID during the joining process to receive the 20% discount.

*The Carlisle Family YMCA reserves the right to alter or suspend the Dickinson College Corporate Partnership program at any time with 30 days notice.

CORPORATE PARTNER RATE CHART

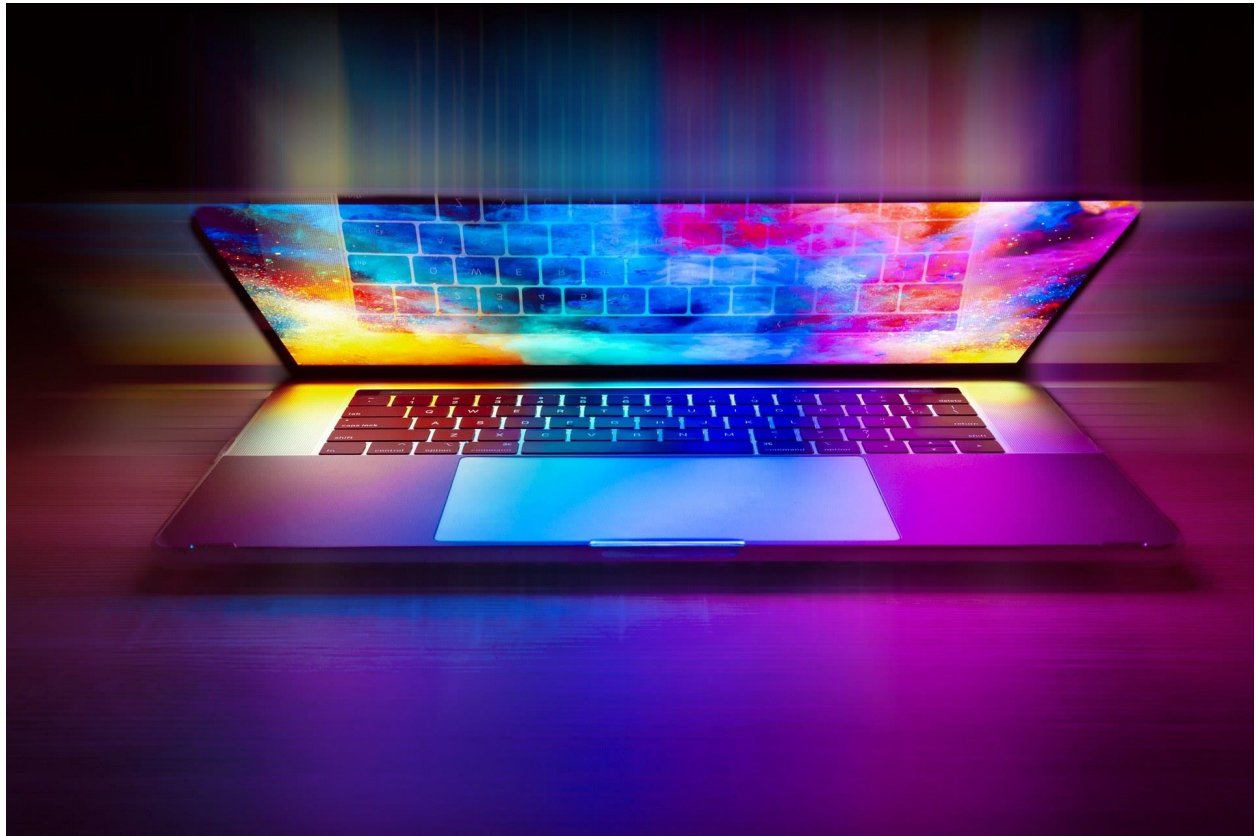
Eligible Categories	Monthly Rate
Young Adult	\$26.40
Adult	\$30.40
Senior Adult	\$28.80
2 Adults [^]	\$46.40
1 Adult with Dependents [^]	\$51.20
2 Adults with Dependents [^]	\$55.20
2 Senior Adults [^]	\$44.80
1 Senior Adult with Dependents [^]	\$47.20
2 Senior Adults with Dependents [^]	\$49.60

[^] living at the same address

Additional Information

- Memberships must be monthly drafted in one of the above categories to qualify for this special rate.
- No other membership fee reductions, special rates or financial aid can be combined with this special rate.
- Current Financial Assistance, Youth, Teen and Child Care members can not get the discount unless they convert to a full-pay adult or family membership.
- The Corporate Partner rate applies only to membership fees, and not to additional fees or program registration fees.

Information and Technology Services



Tech Transformation

Visit the Tech Transformation site⁵⁶ for the most recent updates and timelines for all three Tech Transformations that are happening simultaneously:

- **Learning Management System (LMS):** Dickinson will be moving from Moodle to D2L BrightSpace
- **Mobile Computing Initiative (MCI):** aims to modernize campus teaching and learning spaces, allowing students to use their own devices in classrooms and accessing college software

⁵⁶https://www.dickinson.edu/homepage/1714/tech_transformation

- **Core Systems Modernization (CSM)**: the College will transition its human capital management (human resources), finance, and student administrative needs from Banner to Workday. Subscribe to Workday News⁵⁷ to keep abreast of the Workday launch. Inquiries and questions may be sent to workday@dickinson.edu⁵⁸.

Workday Project Update



During May, our Workday project team completed a major milestone: **Customer Confirmation Sessions (CCS)**. These sessions ensured that the final designs of our business processes align with the needs of each functional area.

What's a Customer Confirmation Session?

It's a walk-through of system configurations and business processes that have been built in Workday for specific workstreams. **CCS** allows stakeholders to preview how Workday will support their work and provide input before testing begins.

Sessions included demonstrations of tasks and processes in key areas:

⁵⁷<https://www.dickinson.edu/xfp/form/469>

⁵⁸<mailto:workday@dickinson.edu>

- **Finance:** Budget, Endowment, Business Assets, Customer Accounts, Supplier Accounts, Expenses, Projects, Gifts, and Grants
- **Human Capital Management (HCM):** Recruiting, HCM Core, Benefits, Compensation, Time Tracking, Absence, Talent, Learning, and Payroll

With **CCS** complete, the project now moves into **End-to-End Testing**—a phase where the full system is tested from start to finish to confirm that processes are connected, functioning properly, and ready for go-live this winter.

We're also building our **Change Agent Network (CAN)**—a team of volunteers from across campus who will help guide their colleagues through the transition to Workday. Want to stay in the loop and support your department? Read more about CAN below.

Click the link to view the full June 2025 Workday News issue and archived issues: Workday News⁵⁹

Click the “subscribe” link and receive Workday News monthly issues direct to your inbox: Subscribe to Workday News⁶⁰

Change Agent Network: Volunteers Needed!



Big changes are coming with Workday, and we want to make sure every voice is heard, and every department is supported. That's where you come in! In late summer, we're launching a **Change Agent Network (CAN)**, a team of volunteers who will help keep their colleagues informed and ready for the transition to Workday. **CAN members come from all areas of**

⁵⁹https://www.dickinson.edu/homepage/1763/workday_communications

⁶⁰<https://www.dickinson.edu/xfp/form/469>

campus to communicate, advocate, and act as liaisons throughout our Workday launch. They will play a crucial role, helping the campus community prepare Dickinson for Workday.

CAN volunteers will:

- Represent their colleagues and others to relay Workday information and impacts
- Attend CAN meetings to stay informed and share identified impacts of change(s)
- Communicate key messages to their campus contacts and colleagues
- Share feedback with the Workday Change Management Team
- Provide support and assistance with planning during the transition
- Spend about 1-4 hours per month (August 2025 - February 2026) on Change Agent activities

Who Should Volunteer? You don't need to be a Workday expert, we're looking for:

- Good communicators and trusted team members
- People who are curious, collaborative, and positive about change
- Anyone who wants to play a meaningful role in shaping the future of campus systems.

We'd love to have you on board!

Click Here⁶¹ to let us know you are interested in becoming a Change Agent Network (CAN) Volunteer!

TechNews

⁶¹https://forms.office.com/pages/responsepage.aspx?id=VbAyYrl2E0ybiLVirn22-y3d6_zGPSKnZISpk6QIMxUOEPMWINKSjNIWlhFSExCSTgzOUxaS0NORS4u&route=shorturl

Are you challenged with all of the constant technology updates and changes? Looking for a few quick tips or information to help with your technology abilities? Check out the **TechNews** portal in OneDrive! TechNews is filled with very quick reads and 2-3-minute videos that include common uses, answers to the most common questions we receive, what to use when, as well as helpful tips and tricks. Click to learn more now⁶²!



⁶²<https://dickinson0.sharepoint.com/sites/TechNews>

Contact Us



Wellness Program | Monthly Incentive Prize Winners

Congratulations to *Todd Deihl*, Dining Services, winner for the month of **May for fitness program participation!**

Have you been active in our Wellness@Dickinson programs? If so, you are eligible to be included in our monthly fitness prize drawing! The Wellness incentive prize winner for each month is randomly selected based on their fitness program participation. Eligibility for the monthly incentive drawings includes all active/registered employee participants in all physical exercise programs offered through the Wellness program, in addition to the Marathon-in-a-

Month⁶³. (Remember to report your Marathon in a Month walking⁶⁴ to us by the 15th of the month.) **The random drawings are held after the close of business on the fifteenth of each month for the previous month.** All physical exercise programs that have registration via Gateway will automatically be included in the monthly drawings. For more details or to request a form to record your marathon-in-a-month miles, please send an email to devwell@dickinson.edu⁶⁵ or call ext. 1503.

Wellness Incentive Taxability Notification

We thank you for being an active participant in the wellness programs at Dickinson College. We value all employees and offer a variety of programs throughout the year to encourage wellbeing while offering educational, fun opportunities to engage the mind and body while creating a positive inclusive social environment for the campus community. We hope you enjoy participating in these programs and events throughout the academic/fiscal year.

In recognition and appreciation of your participation in the wellness programs, we offer healthy reward incentives. As a reminder, in accordance with IRS regulations, awards and gifts to employees from the college are considered taxable income and the college is required to withhold taxes.

The value of your incentive(s) will be added to your income through payroll, which could result in a decrease in your net pay because of additional tax withholdings on the value or dollar amount. The tax withholding will coincide with the payroll period closest to the date that you receive your annual incentive reward. Please contact payroll with any questions related to this additional withholding.

Professional Development & Wellness Program Registrations and Attendance

⁶³https://www.dickinson.edu/downloads/file/1239/marathon_in_a_month_walking_map

⁶⁴https://www.dickinson.edu/downloads/file/1238/marathon_in_a_month_tracking_your_walks

⁶⁵<mailto:devwell@dickinson.edu>

The college offers many opportunities for professional development and wellness programs throughout the year, providing enrichment of staff and, when appropriate, their families as well. Registration for the majority of the programs offered is available through the Gateway⁶⁶ or by contacting Human Resource Services. To offer an equal opportunity for all employees to participate in these programs, we request staff members to register after confirming availability with supervisory staff to ensure that scheduling permits attendance.

In the event that you register and find that you are unable to attend, our policy⁶⁷ requests cancellations 48 hours prior to the start time of the program or event so that we can offer the spot to another. This will also allow us to adjust registration counts with CASE and the catering department. Giving advance notice of cancellation allows for the college's resources to be allocated in the best possible way and is a sustainable practice for us all.

Campus Resource Quick Links!

How To Guide⁶⁸

Dickinson/Biking⁶⁹

Dickinson/College Farm⁷⁰

Dickinson/Sustainability⁷¹

TechNews⁷²

Trout Gallery⁷³

Theatre & Dance⁷⁴

Campus Announcements⁷⁵

⁶⁶<https://gateway.dickinson.edu/>

⁶⁷http://www.dickinson.edu/info/20314/professional_development_and_wellness/1502/policies_and_procedures

⁶⁸[http://www.dickinson.edu/info/20043/about/1562/dickinson_\"how_to\"_guide](http://www.dickinson.edu/info/20043/about/1562/dickinson_\)

⁶⁹<http://www.dickinson.edu/info/20052/sustainability/2317/biking>

⁷⁰<http://www.dickinson.edu/collegefarm>

⁷¹<http://www.dickinson.edu/sustainability>

⁷²<https://dickinson0.sharepoint.com/sites/TechNews>

⁷³<http://www.troutgallery.org/>

⁷⁴<https://www.dickinson.edu/theatreanddance>

⁷⁵<https://www.dickinson.edu/announcements>



23 - Professional Development and Wellness

PO Box 1773 | Carlisle PA 17013-2896

717-245-1503 | devwell@dickinson.edu⁷⁷

Human Resource Services Website⁷⁸

⁷⁶<http://www.dickinson.edu/events>

⁷⁷<mailto:devwell@dickinson.edu>

⁷⁸https://www.dickinson.edu/homepage/122/human_resource_services