

WHAT IS YMCA360?

YMCA360 is a wellness program benefit that gives you access to virtual classes that support a healthy mind, body, and spirit. Additionally, members can engage in app features that allows you to customize your health and wellness journey. The things you love about the Y, it's people, places, and programs, are all on YMCA360!

- Livestream and on-demand classes taught by YMCA instructors from around the U.S.
- 2,800+ pieces of content supporting the mind, body, and spirit.
- Fitness classes, sports instructions, nutrition/ cooking classes, children's book readings, and so much more!
- Earn points for staying active.
- Redeem your points for amazing rewards!
- Get connected by joining Challenges.
- Your Y's Schedule at the tip of your fingers.

DOWNLOAD THE APP TODAY







Google Android

Apple iOS



