

# Interested in volunteering with adults with autism??

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## **What is happening?**

Penn State Health is hosting group therapy for young adults with autism who are interested in improving their social skills. These group members will be participating in discussions and presentations to learn ways of improving their social interactions. However, the most critical part of the program involves giving group members a chance to *practice* their skills. That's where our volunteers come in.

Volunteers are asked to join for the last 30 minutes of each session while the group leaders guide everyone through a variety of activities (i.e. icebreaker activities, board games, mock interviews, etc.). Volunteers simply need to be friendly and willing to engage participants in these activities – that's it! Volunteers do not need to prepare anything or do anything special ahead of sessions. Group leaders will take care of organizing everything, and will be present to supervise all of the activities.

## **Where:**

Penn State Health Outpatient Psychiatry  
22 Northeast Drive  
Hershey, PA 17033

## **When:**

- Thursdays from 4:30pm-6:00pm
- July 20, 2023 – November 9, 2023
  - No group August 3, 2023

**Interested individuals seeking more information about this volunteer opportunity should contact Jesse Northridge via email ([jnorthridge@pennstatehealth.psu.edu](mailto:jnorthridge@pennstatehealth.psu.edu)) or by phone (717) 531-8338 x285974.**