# **Duckling Room Lesson Plans**

**MONTH: January** 

Big Idea: Winter

## **Gross Motor Development:**

Practice Crawling, Cruising, Walking and Climbing, Rolling Over, and Sitting

Ball rolling

Crawling through tunnels

Push and pull toys

Floor play

PA Standard

15.5-5 Health, Wellness, Physical Development

# **Fine Motor Development:**

Cause-Effect Toys/Building Blocks

Manipulating objects

Self-Feeding

**Turning Book Pages** 

Exploring shapes and textures of mittens and gloves, things that are soft and wooly

PA Standard

10.1-5 Health, Wellness, Physical Development

#### Language Development:

Books: <u>Polar Bear, Polar Bear; Snowy Animals; I Love Winter; Ten Shiny Snowflakes; The Snowman; The Hat; The Mitten; Hurray for Snow!</u>

<u>Songs:</u> "Happy New Year to You!", "Snowflakes", and "The Mitten Song"

Baby Signing: "please", "thank you", "more", "all gone", "sleep", "eat", "drink"

PA Standard

1.1-1.5 Language & Literacy Development

#### COGNITVE DEVELOPMENT

Weather Watch

Blocks, Stacking Cups, Rings

Sensory: Experiencing snow and ice, things that are COLD

**PA Standard** 

AL 1-4 Constructing, Gathering, and Applying Knowledge, 2.1-2.4 Exploring, Processing, and Problem Solving, 3.1-3 &4.1-5 Scientific Inquiry and Discovery, 15.4 Technology

#### **Social-Emotional Development**

Point to head, eyes, and nose

"Peek-a-boo" games

"Hello"/"Goodbye"/Blowing Kisses/"Gentle touches" with friends

#### **Transition songs**

Pa Standard

5.1-3 Social and Community Understanding, 6.1 Making Choices, 16.1-3 Interpersonal Skills

# **Self-Help Skills:**

Practicing sippy cups, Trying new foods, Practicing using spoons and forks

Hats on heads, Hands in mittens, Arms into sleeves

PA Standard

10.1-5 Health, Wellness, Physical Development



### **Creativity:**

Play musical instruments, listen to diverse music/dance with scarves

Art Appreciation: picture books, talking about colors

PA Standard

9.1-4 Creative Thinking and Expression

Famiy Engagement: Feel free to bring in family holiday photos. We love to display them on our bulletin board to spread holiday cheer!

Special Note to Parents: There is a normally wide developmental and chronological age range in the infant room. Infants will only partake in activities appropriate to their age and stage of development.

Standard 20.2 Family Engagement

