The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.meritain.com or call (717) 243-1503. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, provider, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call Meritain Health, Inc. at (800) 925-2272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	For participating <u>providers</u> : \$350 person / \$1,050 family For non-participating <u>providers</u> : \$800 person / \$2,400 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. For participating <u>providers: Preventive</u> <u>care, emergency room care - emergency</u> <u>services only (all providers), urgent care,</u> prenatal and postnatal care, outpatient mental health & substance abuse, <u>primary care</u> <u>provider</u> , and <u>specialist</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating <u>providers</u> : \$1,300 person / \$3,900 family For non-participating <u>providers</u> : \$1,950 person / \$5,850 family (<u>deductible</u> , <u>coinsurance</u> and medical <u>copays</u>) For <u>prescription drug copays</u> : \$1,500 person/\$3,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , <u>preauthorization</u> penalty amounts, <u>balance billing</u> charges and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ? Do you need a <u>referral</u> to	Yes. See <u>www.aetna.com/docfind/custom/mymeritain</u> or call (800) 343-3140 for a list of <u>network</u> <u>providers</u> . No.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network</u> <u>provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. You can see the <u>specialist</u> you choose without a <u>referral</u> .
see a <u>specialist</u> ?	110.	rou can see me <u>specialist</u> you choose without a <u>referral</u> .



All **<u>copayment</u>** and <u>**coinsurance**</u> costs shown in this chart are after your <u>**deductible**</u> has been met, if a <u>**deductible**</u> applies.

		What You W	ill Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$20 <u>copay</u> /visit	30% <u>coinsurance</u>	<u>Copay</u> applies per visit regardless of what services are rendered. Includes telemedicine other than
	<u>Specialist</u> visit	\$25 <u>copay</u> /visit	30% <u>coinsurance</u>	Teladoc. See your <u>plan</u> document for any costs associated with the Teladoc program.
	Preventive care/screening/ immunization	No Charge	30% <u>coinsurance</u>	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	10% <u>coinsurance</u> (lab)/ \$25 <u>copay</u> /visit, then 10% <u>coinsurance (</u> x-ray)	30% <u>coinsurance</u>	none
	Imaging (CT/PET scans, MRIs)	\$25 <u>copay</u> /visit, then 10% <u>coinsurance</u>	30% <u>coinsurance</u>	Preauthorization recommended for PET scans and non-orthopedic CT/MRI's.
If you need drugs to treat your illness or	Generic drugs	\$10 <u>copay</u> (30-day retail)/\$20 <u>copay</u> (CVS or mail order)	Not Covered	<u>Deductible</u> does not apply. Covers up to a 30-day supply (retail prescription);
condition More information about prescription	Preferred brand drugs	30% <u>copay</u> (30-day retail)/ 20% <u>copay</u> (CVS or mail order)	Not Covered	90-day supply (CVS or mail order prescription); 30-day supply (<u>specialty</u> <u>drugs</u>). The <u>copay</u> applies per
drug coverage is available at www.caremark.com	Non-preferred brand drugs	50% <u>copay</u> (30-day retail)/ 34% <u>copay</u> (CVS or mail order)	Not Covered	prescription. There is no charge for preventive drugs. Dispense as Written (DAW) provision applies. <u>Specialty</u>
	<u>Specialty drugs</u>	\$50 <u>copay</u> (generic & preferred)/\$100 <u>copay</u> (non- preferred)	Not Covered	drugs must be obtained directly from the specialty pharmacy. Certain <u>specialty drugs</u> are eligible for <u>copay</u> assistance programs through CVS True Accumulation Program. Step therapy

		What You W	/ill Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
				provision applies. <u>Preauthorization</u> recommended for injectables costing over \$2,000 per drug per month.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center) Physician/surgeon fees	10% <u>coinsurance</u> 10% <u>coinsurance</u>	30% <u>coinsurance</u> 30% <u>coinsurance</u>	<u>Preauthorization</u> recommended for certain surgeries. See your <u>plan</u> document for a detailed listing.
If you need immediate medical attention	Emergency room care	\$125 <u>copay</u> /visit (<u>emergency</u> <u>services</u>)/Not Covered (non- <u>emergency services</u>)	\$125 <u>copay</u> /visit (<u>emergency services</u>)/ Not Covered (non- <u>emergency services</u>)	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits for <u>emergency services</u> . <u>Copay</u> is waived if admitted to the hospital.
	Emergency medical transportation	10% coinsurance	10% coinsurance	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits.
	Urgent care	\$40 <u>copay</u> /visit	30% coinsurance	<u>Copay</u> applies per visit regardless of what services are rendered.
If you have a hospital stay	Facility fee (e.g., hospital room)	\$200 <u>copay</u> /admission, then 10% <u>coinsurance</u>	30% coinsurance	Preauthorization recommended.
	Physician/surgeon fees	10% <u>coinsurance</u>	30% coinsurance	
If you need mental health, behavioral health, or substance	Outpatient services	\$20 <u>copay</u> /visit (office visit)/ No Charge (all other outpatient)	30% <u>coinsurance</u>	Includes telemedicine other than Teladoc. Includes Teladoc behavioral health consultations.
abuse services	Inpatient services	\$200 c <u>opay</u> /admission, then 10% <u>coinsurance</u> /10% <u>coinsurance</u> (professional fees)	30% <u>coinsurance</u>	Preauthorization recommended.
If you are pregnant	Office visits	No Charge	30% <u>coinsurance</u>	Preauthorization recommended for inpatient hospital stays in excess of 48 hrs (vaginal delivery) or 96 hrs (c-
	Childbirth/delivery professional services	10% <u>coinsurance</u>	30% <u>coinsurance</u>	section). <u>Cost sharing</u> does not apply to <u>preventive services</u> from a participating <u>provider</u> . Maternity care
	Childbirth/delivery facility services	\$200 <u>copay</u> /admission, then 10% <u>coinsurance</u>	30% <u>coinsurance</u>	may include tests and services described elsewhere in the SBC (i.e. ultrasound). Baby does not count toward the mother's expense; therefore

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
				the family <u>deductible</u> amount may apply.
If you need help recovering or have	Home health care	10% <u>coinsurance</u>	30% coinsurance	Limited to 120 visits per year. P <u>reauthorization</u> recommended.
other special health needs	Rehabilitation services	10% <u>coinsurance</u>	30% <u>coinsurance</u>	Physical, speech & occupational therapy limited to a combined maximum of 25 visits per year.
	Habilitation services	10% coinsurance	30% coinsurance	none
	Skilled nursing care	\$200 <u>copay</u> /admission, then 10% <u>coinsurance</u>	30% coinsurance	Limited to 240 days per year. Preauthorization recommended.
	Durable medical equipment	10% <u>coinsurance</u>	30% <u>coinsurance</u>	<u>Preauthorization</u> recommended for electric/motorized scooters or wheelchairs and pneumatic compression devices.
	Hospice services	10% coinsurance	30% coinsurance	Bereavement counseling is covered.
If your child needs	Children's eye exam	Not Covered	Not Covered	Not Covered
dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered
	Children's dental check-up	Not Covered	Not Covered	Not Covered

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (<u>services</u> .)	(Check your policy or <u>plan</u> document for more	information and a list of any other <u>excluded</u>
 Acupuncture (except when used for anesthesia for a surgical procedure) Cosmetic surgery Dental care (Adult & Child) Emergency room services for non- emergency services 	 Glasses (Adult & Child) Infertility treatment (except diagnosis or treatment of underlying medical condition) Long-term care Non-emergency care when traveling outside the U.S. 	 Private-duty nursing (except for home health care & hospice) Routine eye care (Adult & Child) Routine foot care (except as listed in the plan document) Weight loss programs
Other Covered Services (Limitations may apply	to these services. This isn't a complete list. Ple	ase see your <u>plan</u> document.)
• Bariatric surgery (for morbid obesity only- 1 surgery per lifetime)	• Chiropractic care (25 visits per year)	 Hearing aids (\$1,600 maximum per 24 months)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or <u>www.dol.gov/ebsa/healthreform</u> or Dickinson College at (717) 243-1503. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance</u> <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor, Employee Benefits Security Administration at (866) 444-3272 or <u>www.dol.gov/ebsa/healthreform</u> or Dickinson College at (717) 243-1503.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179. Chinese (中文): 如果需要中文的帮助, **请拨打这个号码**1-800-378-1179. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-378-1179.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on selfonly coverage.

	Peg is H	aving a	Baby	
) mont	hs of in-net	work pre-	natal care a	2.1

nd a hospital delivery)

- The <u>plan's</u> overall <u>deductible</u> \$350 0%
- Primary care physician coinsurance
- Hospital (facility) coinsurance
- Other coinsurance

This EXAMPLE event includes services like:

Primary care physician visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700		
In this example, Peg would pay:			
Cost Sharing			
Deductibles	\$350		
Copayments	\$250		
Coinsurance	\$700		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$1,360		

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

The <u>plan's</u> overall <u>deductible</u>	\$350
Specialist copayment	\$25
Hospital (facility) <u>coinsurance</u>	10%
Other <u>coinsurance</u>	10%
This EXAMPLE event includes services	i

like:

10%

10%

Specialist office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing		
Deductibles	\$350	
Copayments	\$300	
Coinsurance	\$700	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,320	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$350
Specialist copayment	\$25
Hospital (facility) <u>copayment</u>	\$125
Other <u>coinsurance</u>	10%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$350
Copayments	\$300
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$750