









We support the  
healthcare needs of  
all our members

**Healthcare, insurance and improving your well-being can be confusing for anyone.** It can seem even more challenging if you've ever been stigmatized or discriminated against for sexual orientation, gender, race, ethnic or religious background, age or any other reason. With Health Advocate, know that you have a team of knowledgeable and compassionate experts that will support you every step of the way on your journey to good health.



#### Our Personal Health Advocates can:

-  **Locate doctors** and facilities matched to your preferences and needs
-  **Answer questions** about your unique health needs
-  **Schedule appointments**, transfer medical records
-  **Clarify your coverage** including deductibles, co-pays and coinsurance
-  **Coordinate care** to ensure your needs are understood
-  **Review your medical bills** to make sure that they are correct



**HealthAdvocate<sup>SM</sup>**