



# COVID-19 & ALCOHOL

## Does consuming alcohol kill COVID-19?

NO! Alcohol consumption is likely to increase health risks

## Long quarantine has increased stress drinking

## Stress drinking consequences:

- chronic drinking
- alcohol misuse
- social isolation
- unhealthy coping

## Alcohol in our system leads to

- pathogen decrease
- higher risk of pneumonia
- impaired immunity
- can't fight off viral infection

