

## Dickinson College COVID-19 Exposure Management Quarantine and Isolation Plan

The following process will be used to identify and separate individuals who appear to have symptoms of COVID-19 (such as fever, cough, or shortness of breath) to mitigate further spread of the virus. Please see the CDC's website for a complete list of COVID-19 symptoms: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Individuals who exhibit any symptoms of COVID-19 will be advised to contact their healthcare provider; students living on campus should contact the wellness center. Employees working on campus and students residing on campus must complete the daily symptoms tracker online.

- I. Employees who are symptomatic will be advised to isolate at home and follow their healthcare provider's recommendations while awaiting test results. Employees should follow their usual call-off protocol and the appropriate person from their department will inform Human Resource Services of their illness. Prior to returning to work, the college may ask an employee to supply a statement from a healthcare provider explaining their illness and/or a Return to Work Authorization.
  - a. If tested for COVID-19 and the result is negative, employees should remain at home until it has been 24 hours since the resolution of fever without the use of fever-reducing medications and there has been improvement in other symptoms (e.g., cough, shortness of breath). If symptoms persist or worsen, employees should contact their healthcare provider.
  - b. If tested for COVID-19 and the result is positive (or if the employee has not been tested for COVID-19), employees should remain at home until all of the following criteria have been met:
    - i. It has been at least 24 hours since resolution of fever without the use of fever-reducing medications.
    - ii. There has been improvement in other symptoms (e.g., cough, shortness of breath).
    - iii. At least 10 days have passed since symptoms first appeared (20 days for individuals with severe/critical illness or who are severely immunocompromised).
    - iv. If the employee tests positive but remains asymptomatic, the employee should remain home until it has been 10 days since the positive test result.

Please note that these criteria may change over time and the most up to date guidelines can be found on the CDC's website. In addition, if the Department of Health (DOH) has reached out to the employee, they will instruct the employee when to discontinue isolation. Please note that as positive cases increase, contact tracing by the state DOH may be delayed.

- c. Any employee who has had close contact with someone who has symptoms of COVID-19 (and/or who has tested positive for COVID-19) will be advised to quarantine at home and contact a healthcare provider if they become symptomatic.
  - i. An employee who has not tested positive and remains asymptomatic should discontinue quarantine after 14 days have passed since their close contact with the person who tested positive (or when the Department of Health has

instructed the employee to discontinue quarantine, if the employee was contacted by the DOH).

- ii. Exception: if the person who tested positive is a household member and social distancing cannot be maintained (and/or if a bedroom is shared), the employee in quarantine should continue to quarantine until 14 days after their household member has been instructed to discontinue isolation or until [it's safe for them to be around others](#) in accordance with CDC guidelines.
  - d. Pre-approved visitors who are exhibiting any symptoms of COVID-19 (or who have had close contact with a positive case of COVID-19) are not permitted on campus.
  - e. Human Resources staff will follow up with employees who are symptomatic and/or have tested positive for COVID-19 to obtain information about any close contacts within the Dickinson community.
  - f. If an employee tests positive for COVID-19:
    - i. Human Resource Services staff will follow up with close contacts who are Dickinson employees to encourage them to self-quarantine. The identity of the employee who is symptomatic will not be disclosed to close contacts.
    - ii. Human Resource Services will alert Wellness Center staff about any close contacts, so this information can be relayed to the Department of Health and Wellness Center staff can follow up with close contacts who are students. As with employees who are close contacts, the identity of the employee who is symptomatic will not be disclosed to these students.
    - iii. The Department of Health may follow up with the employee who tested positive to advise about next steps and engage in contact tracing.
  - g. The above protocols for employees may vary depending on state guidelines for work within different settings on campus (e.g., DCCC protocols may instead follow state guidance for work in a childcare setting).
- II. Students who are symptomatic will be asked to be tested at the Wellness Center and isolate (in housing provided by the College) as soon as possible. Students who are tested off-campus will receive follow up contact from Wellness Center staff (as indicated below).
- a. Wellness Center staff will ask the student for a list of close contacts, following current guidelines for contact tracing. Close contacts currently consist of the following:
    - i. Individuals with whom they were within 6 feet of for 15 minutes or more within the 48 hours prior to symptom onset, regardless of whether face coverings were being worn.
    - ii. Close contact also includes being directly exposed to respiratory secretions (e.g., cough or sneeze).
  - b. When a student is tested at the Wellness Center, staff will obtain consent from the student to share appropriate medical information with Residence Life staff and other relevant College personnel (e.g., athletic trainers) - as well as family members, if requested.
  - c. Residence Life staff will provide students with an isolation housing assignment.
    - i. Residence Life staff will drop off a key and a wagon outside of the student's apartment to allow the student to move themselves.

- ii. Students should take only what they will need for 10-14 days, including any clothing, bedding, medication, toiletries, cooking utensils, dishes, groceries, etc.
  - iii. Students will be provided with written instructions from the Wellness Center about isolating (see Appendix A), including information about contacting Residence life staff if they require groceries delivered, time sensitive items in the mail room picked up, or a small bag of clothing laundered.
  - iv. Any student who requires assistance while in isolation can be in touch with the Residence Life staff member who provided their isolation assignment.
  - v. Local students who prefer to transport themselves (or have a family member willing to provide transportation) will be allowed to do so, although this may not be advisable if they do not have adequate access to food, medication, and other essential items, and/or if they would be living with individuals who are susceptible to COVID-19.
    - 1. Students who choose to return home should be provided with interim isolation housing if they cannot leave campus immediately.
  - vi. If students present with symptoms after hours and do not require emergency care, on-call staff should assist with moving the student to isolation housing as soon as possible and inform the Wellness Center. Wellness Center staff will follow up with the student upon reopening and schedule a time for testing.
- d. Wellness Center staff will contact all students who are identified as close contacts of the student who is symptomatic, including roommates/suitemates/housemates (i.e., “household members”), to inform them of the potential exposure to a suspected case of COVID-19, arrange for testing at the Wellness Center, and connect them with relevant College personnel to arrange for quarantine. The identity of the student who is symptomatic will not be disclosed to close contacts.
- i. Household members will need to quarantine at least until all results are back and can discontinue quarantine if test results are negative for everyone in the apartment/suite/room (including the student who is symptomatic).
  - ii. If these household members only share a bathroom with each other (e.g., apartment housing), they will be allowed to self-quarantine together, but would still be encouraged to remain in their apartment, not go to class or the dining areas, and social distance from each other as much as possible.
    - 1. If household members quarantine together and any of these household members tests positive, time spent in quarantine may be prolonged if social distancing cannot be maintained and/or if bedrooms are shared. Please refer to the CDC guidance on quarantine for details: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>
    - 2. Anyone who prefers to be moved to quarantine housing in a separate location will be allowed to do so.
  - iii. Other close contacts will need to quarantine at least until all results are back and can discontinue quarantine if test results are negative for the student who is symptomatic.

- iv. Close contacts who are not household members of the student who is symptomatic will need to quarantine in a space with their own bedroom and a private bathroom (a shared bathroom is only acceptable if those sharing the bathroom have a similar level of exposure to the student who is symptomatic).
      - v. Students will be provided with instructions from the Wellness Center about quarantining (see Appendix B), and Residence Life staff will assist students in quarantine in a manner similar to those in isolation, as indicated in subsection c above.
    - e. Wellness Center staff will provide information to Human Resource Services about employees who are identified as close contacts of the student who is symptomatic and/or has tested positive, so they can be encouraged to self-quarantine. As with students who are close contacts, the identity of the student who is symptomatic will not be disclosed to these employees.
    - f. Wellness Center staff will contact the Department of Health with any questions about decision-making regarding identifying or quarantining close contacts.
    - g. Students who are symptomatic can discontinue isolation if test results are negative, but will be encouraged to return to their room and limit contact with others until it has been 24 hours since resolution of fever without the use of fever-reducing medications and there has been improvement in respiratory symptoms (e.g., cough, shortness of breath). If symptoms persist or worsen, students should contact the Wellness Center.
    - h. If a student tests positive for COVID-19:
      - i. Wellness Center staff will notify the Department of Health of the positive case and provide any information obtained about close contacts.
      - ii. Wellness Center staff will inform close contacts in quarantine and Residence Life staff of the positive test result.
      - iii. If the student is not already in isolation housing, they may be moved to isolation housing (i.e., in cases where a student in quarantine later tests positive).
      - iv. The Department of Health may follow up with the student who tested positive to advise about next steps and engage in formal contact tracing.
- III. Follow-up Contact with Students in Isolation/Quarantine
  - a. Wellness Center staff will follow up with all students who are in isolation or quarantine at least every other day (if there is a confirmed case of COVID-19, the Department of Health will also be following up with these students via a daily symptom screening and regular phone calls).
  - b. Follow up from Wellness Center staff for students in isolation/quarantine will include the following:
    - i. Informing the student if the Department of Health may also be reaching out.
    - ii. Providing recommendations about how to access additional care if the student experiences worsening symptoms.
    - iii. Informing students when they may discontinue isolation/quarantine (in consultation with the Department of Health if needed).
    - iv. Informing students that they can request to speak to a counselor at the Wellness Center if additional emotional support is required.

- c. Any student who tests positive for COVID-19 (or who has not been tested) should remain in isolation until all of the following criteria have been met and the Department of Health has instructed the student to discontinue isolation:
  - i. It has been at least 24 hours since resolution of fever without the use of fever-reducing medications
  - ii. There has been improvement in other symptoms (e.g., cough, shortness of breath)
  - iii. At least 10 days have passed since symptoms first appeared (20 days for individuals with severe/critical illness or who are severely immunocompromised).
  - iv. If the student tests positive but remains asymptomatic, the student should remain in isolation until it has been 10 days since the positive test result.
  - v. Please note that these criteria may change over time and the most up to date guidelines can be found on the CDC's website.
- d. Any student in quarantine who has not tested positive and remains asymptomatic should discontinue quarantine after 14 days since their close contact with the person who tested positive and/or the Department of Health has instructed the student to discontinue quarantine.

Special circumstances: If a student is away from campus when symptoms arise and cannot transport themselves back to campus (or to their home), the student will be given the option to isolate at a hotel and/or see a healthcare provider where they are currently located. If transportation back to campus/home if required, guidelines for maintaining social distance/PPE should be followed as closely as possible when transporting.

Additional comments:

It is the College's expectation that students will comply with requests to isolate or quarantine and failure to do so could result in a referral to the conduct system and/or a College-initiated Leave of Absence. Employees who fail to comply with these procedures will be referred to Human Resource Services and may be subjected to disciplinary action.

Please note that the above protocol will be adapted should CDC and PA DOH recommendations for testing, quarantine, isolation, and/or contact tracing change in the future. The process of formal Contact Tracing will be conducted by the PA Department of Health; the college's process of Exposure Management is for the college community.