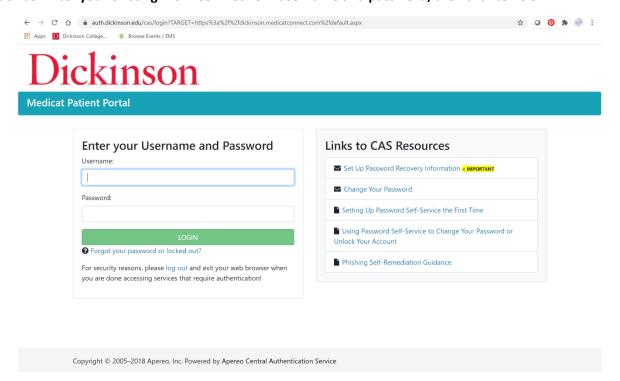
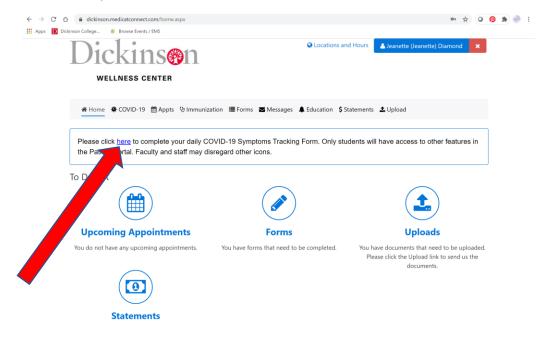
COVID-19 Symptoms Tracking Form

Employees and students should monitor their health and symptoms daily. The following tool is available for the entire community; however, it is only required for those working or living on campus. The data collected is securely housed in Medicat, the electronic medical records system used by the Wellness Center.

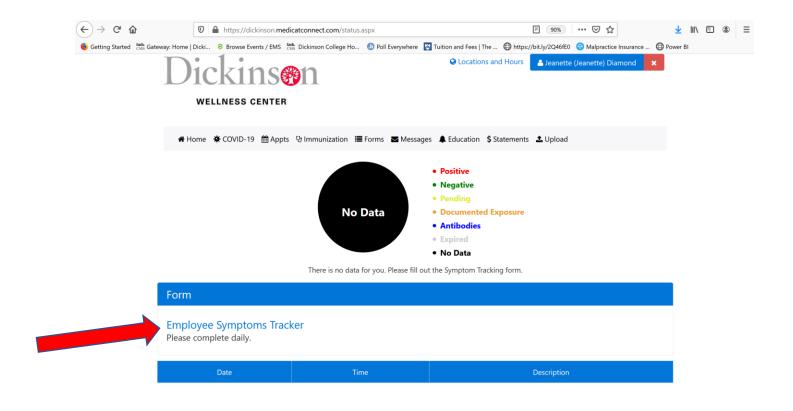
To get started, please click on the Symptoms Tracker icon in the Gateway or use this link to go directly to the <u>Dickinson Wellness Center portal</u>. You can do this from a computer, iPad, or mobile device. **Enter your existing Dickinson network username and password, then click to LOGIN:**



There are two short questions you will be asked to answer each day: **To start, click on the "click here" link (shown in the snapshot below):**



Before you begin, the circle will show "No Data" and be a solid black color. Once you complete the symptoms tracker, the color will update to your current status for the day.



Click on the **Employee Symptoms Tracker** link to see the first question:



Employee Symptoms Tracker

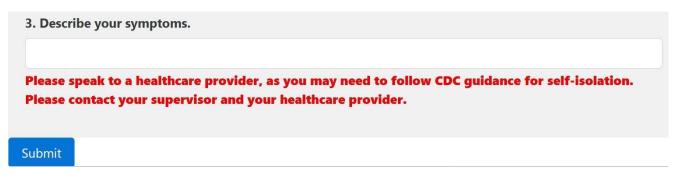
1. In the past two weeks, have you had close contact with a person having symptoms consistent with COVID-19 or a confirmed/suspected case of COVID-19? Close contact is defined as being within 6 feet for at least 15 minutes with or without a face covering.



Whether you respond "yes" or "no" you will be asked if you have any of the following symptoms that are not explained by another medical condition (i.e cough that is not related to allergies):

2. **Do you have any of the following symptoms that you do not normally experience? * Fever of 100.4 F (38 C)or higher
* Cough
* Shortness of breath/difficulty breathing
* Sore throat
* Fatigue/Muscle aches
* New loss of taste and smell
* Diarrhea
* Headache
* Chills
* Congestion/runny nose
* Nausea/vomiting
Submit

If you respond "yes" you will be asked to describe your symptoms.



If you indicated "**yes**" to close contact in question #1, please provide the date of contact. If you indicated "**no**" – please leave this question blank.

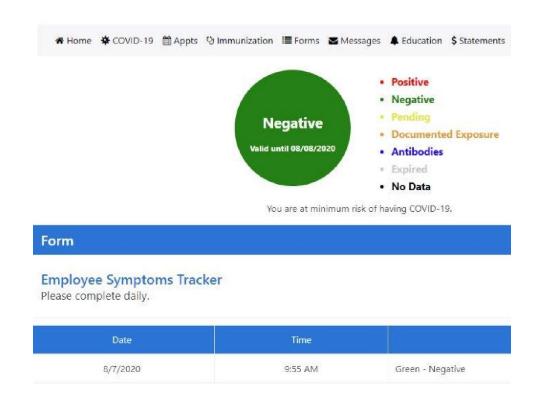
If you indicated that you had close contact, please provide the date of contact.

Submit

A green circle response will show for those who are <u>Negative</u> (not exposed, no symptoms, and clear to be on campus). If you completed the process on your phone, you will have this image readily available if needed for access to certain spaces on campus (e.g. Kline Fitness Center).







If you responded "yes" to exposure or symptoms, you will have either an orange <u>Documented Exposure</u> or red <u>Positive</u> dot with instructions for follow-up with your healthcare provider (if you are an employee) or the wellness center (if you are a student on campus).

- Wellness Center staff will contact all students with exposure or symptoms to arrange for testing at the Wellness Center and connect them with relevant college personnel to arrange for quarantine and/or isolation, if necessary.
- HR staff will contact employees with exposure or symptoms to advise about next steps.

QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others. **ISOLATION** keeps someone who is sick or tested positive for COVID-19 with or without symptoms away from others, even in their own home.

Please Note: Employees do not have to complete any additional forms. If you receive an alert or message indicating forms to be completed, employees may ignore this alert message.