Coronavirus (COVID-19)

UPMC Resource Updates - April 3, 2020

Thank you for trusting **UPMC** with your care. We are working very hard to safely provide the highest quality of care to our patients and community through this difficult time.

New Screening & Mask Policy (COVID-19) at UPMC Pinnacle Hospitals

All employees, outpatients, visitors, providers, and vendors ARE screened before entering our hospitals. Those passing the screening are given a mask to wear during their entire visit or shift. We have recently added thermal testing to the screening to identify potential fevers.

What to do if you become ill with COVID-19 symptoms

The first step for anyone to take is to contact their primary care provider or use <u>VIRTUAL ON-</u> <u>LINE VISITS</u> to receive initial guidance. A virtual care visit from home limits the spread of infection, and if needed, your provider can guide you safely to the next care site.

If someone does not have a primary care provider, a call can be placed to the UPMC Pinnacle Nurse Advice team at **1-866-9-NURSE1** (1-866-968-7731) or 717-988-0074.

If you have **life-threatening symptoms like difficulty breathing or chest pressure, you should visit an emergency department** in your community for immediate care. Please note that our Urgent Care locations are not able to test for or treat patients with COVID-19; they are open to treat minor illnesses and injuries.

Call 911 anytime you think you may need emergency care. For example, call if:

- You passed out (lost consciousness).
- You have severe trouble breathing.
- You have sudden chest pain and shortness of breath, or you cough up blood.

I have been tested, now what?

If your care provider has decided your symptoms and our specific risk requires testing – your provider will give you next step details on getting the test. Once you have the testing done, then what? See the attached information for details on what your next steps should be while you await results.

Visit <u>https://www.pinnaclehealth.org/l/</u> <u>coronavirus-information/</u> for the latest COVID-19 information including details on:

Visitation and Volunteer Policy

Maternity FAQs

Specimen collection sites

Messages from our Medical Staff

UPMC has amazing healthcare workers at *UPMC Pinnacle locations* across the midstate. This moment in time reminds us that we're all connected like never before. We are called upon to be our best selves, with patience understanding and compassion. On behalf of all of us at UPMC Pinnacle, we are committed to staying in touch with our community and being your source of truth about COVID-19, and persevering together in the day, weeks and months ahead.

For Latest Updates & Resources Online:

U.S. Centers for Disease Control and Prevention (CDC): <u>www.cdc.gov</u>

World Health Organization (WHO): WHO www.who.int