Autism Spectrum Disorder

Autism spectrum disorder (ASD) is a group of developmental disabilities that can cause significant social, communication and behavioral challenges. ASD now includes several conditions that used to be diagnosed separately: autistic disorder, pervasive developmental disorder not otherwise specified (PDD-NOS), and Asperger Syndrome. Health Advocate can help parents and caregivers with many ASD-related services.

Tips for parents affected by ASD

If you have a son or daughter living with ASD there is a lot you can do to support your child.

• Look for ASD friendly doctors, dentists, and hair dressers
• Find fun community support groups and day camps for your child
• Learn if your insurance plan has coverage for ASD and related services
• Stay up-to-date on ASD news and government regulations

Health Advocate can help

If you have a child with ASD or suspect that your child may have ASD, a Personal Health Advocate can help:

• Find the right doctors and specialists and schedule appointments
• Research in-home care, school- and community-based services and medical assistance programs
• Locate resources for physical, occupational and speech therapy
• Research Applied Behavioral Analysis (ABA) providers
• Identify leading treatment centers
• Answer questions about your insurance plan, test results, treatments and medications
• Find caregiver support groups

866.695.8622
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