

## Are you at high risk for complications from the flu?

The CDC defines high risk conditions to include the following:

- Asthma
- Other chronic lung diseases
- Diabetes
- Cardiovascular disease
- Hepatic (liver) disease
- Hematologic (blood) disorders
- Neurologic or neuromuscular disorders
- Immunosuppression caused by medications or HIV
- Pregnancy

If you are in the high risk group, and you have symptoms of the flu or your roommate has the flu, **PLEASE CALL THE HEALTH CENTER FOR AN APPOINTMENT IMMEDIATELY at 717-245-1835**

If you become ill after the Health Center is closed, please call NurseLine at 1-866-409-1859