How it works

You pay

Deductible

Each year, you pay 100% of your covered expenses until you meet your deductible amount.

Eligible preventive care is covered at 100% with no deductible when you use network providers.



You and the plan pay

Cost sharing

Once you meet your deductible, you share the cost with the plan. Your share may be in the form of coinsurance and/or copayments (also called copays).

Coinsurance

A fixed percentage. For example, if your care is \$100 and your coinsurance is 20%, you pay \$20.

Copay

A fixed dollar amount. For example, you may pay \$25 per doctor office visit.



The plan pays

Out-of-pocket maximum

The maximum you pay each year for covered expenses. Once you hit your maximum, the plan pays 100% of covered expenses for the rest of the year.



How to pay for care



Visit your doctor, show your ID card

> to your doctor's office for your visit (Out of network, you may need to pay the full amount at your visit.)

Pay your copay

Doctor files your claim

(Out of network, you file your own claims.)

Plan pays the provider any amount it owes based on the based on the negotiated rate (Out of network, the plan pays you back what it owes, up to the "reasonable and customary" limit.)

Doctor bills you for any amount you owe

aetna

5 ways to save



1. Stay in the network

Use doctors, labs, hospitals and other health care providers who are in our network. They charge lower, negotiated rates, plus your coinsurance is lower. You can find network providers at **aetna.com**.



2. Get preventive care

Keep up with preventive services to catch problems early. You pay nothing as long as you stay in the network.



3. Pay less for prescriptions

Generic drugs can be just as effective as name-brand and they cost less. You can also save by using your plan's home-delivery service for regular prescriptions.



4. Compare costs before you go

Use your cost-of-care tools to compare costs before you go to the doctor.



5. Only use the ER for emergencies Visit an urgent care center or walk-in clinic for non-lifethreatening medical issues instead of the hospital emergency room.

