

ACI's Employee Assistance Program (EAP) provides a variety of professional services to help improve mental health, reduce stress and make life easier.

Access to Mental Health Sessions and Work-Life Referrals to Help with Personal Challenges

EAP and Work-Life Benefits:

From the stress of everyday life to relationship issues or even work-related concerns, the EAP can help with any issue affecting overall health, well-being and life management.

- Up to 3 Telephonic Sessions for Assessment, Referral and Short-Term Problem Resolution
- Unlimited Child, Elder, and Pet Care Referrals
- Telephonic Legal Consultation for *Unlimited* Number of Issues per Year. Includes One 60-minute In-office or Telephonic Consultation with Local Attorney and 25% Discount for Continued Services.
- Telephonic Financial Consultation for *Unlimited* Number of Issues per Year. Includes Optional 30-day Financial Coaching Benefit with 90-day Action Plan.
- Identity Theft Prevention/Recovery. Includes 50-minute Consultation.
- Legal and Financial Online Resource Center Including Interactive Legal Document Preparation
- *Unlimited* Personal Services and Community-Based Resources Referrals
- Online Access to Library of Work-Life Topics and Resources
- Veteran Connection Referrals and Resource Website
- myACI Benefits Mobile App for iOS or Android
- Multicultural and Multilingual Providers Available Nationwide

EAP benefits are free of charge, 100% confidential, available to all family members regardless of location, and easily accessible through ACl's 24/7, live-answer, toll-free number.

 $\ensuremath{\mathsf{EAP}}$ services are provided by ACI Specialty Benefits, under agreement with Reliance Standard Life Insurance Company.

Reliance Standard Life Insurance Company is licensed in all states (except New York), the District of Columbia, Puerto Rico, the U.S. Virgin Islands and Guam. In New York, insurance products and services are provided through First Reliance Standard Life Insurance Company, Home Office: New York, NY. Product availability and features may vary by state.





