

DCCC Snack Guidelines

Since we are enrolled in the CACFP (Child and Adult Care Food Program) DCCC is obligated to follow their food guidelines. Also, due to the increasing number of requests by parents for various accommodations, DCCC will not be granting any substitutions or alternate snacks based on parent preference. Only those requests submitted with appropriate paperwork due to a medical condition or allergy along with a doctor's note will be granted. Safety is our number one concern and focusing on the children with true allergies/medical conditions must be our priority at all times.

Juice Procedure for DCCC

In the Duckling room only, from 4 to 12 months of age children will be served whole fruits in place of juice. When the child shows they are ready for table food/whole fruits the teachers will discuss an updated feeding plan with the parents of the child. Upon turning 12 months, children will be served 4 ounces of 100% juice at A.M. snack.

All other classrooms (Yellow Puppies up through Kindergarten) are also under agreement with the CACFP to serve 4 oz. of juice to each child at morning snack. However, if the child refuses to drink it after it has been served, water can be given. At no time will additional juice be served other than the appropriate daily serving.

We like for parents to be informed of this procedure so that steps can be made to not offer additional ounces of juice at home. The guidelines outlined by the American Academy of Pediatrics (in Caring for Our Children 3rd ed.) states that juice consumption should be no more than a total of four to six ounces per day for children ages 1 to 6 years.

Milk Procedure for DCCC

4 ounces of whole milk will be served to all children ages 12 to 24 months at lunch and P.M. snack. Upon turning 2 years old, all children will be served 4 oz. of skim milk at lunch and P.M. snack.

Since DCCC is a part of the CACFP for A.M. and P.M. snacks and it is group care, we are not able to accommodate parent preferences for a different type of milk (organic, soy, rice, etc.) at P.M. snack. Milk will be served and if the child does not want to drink the milk that is served, water may be given.

DCCC is not part of the CACFP for lunch; therefore, parent preference can be granted. Parents may choose to send a drink along with their child's lunch which can include juice, soy milk, organic milk, 2% or 1%. This alternate beverage must be sent in a developmentally appropriate container for their child to drink.