

DCCC Snack Policy

DCCC is enrolled in the USDA Children and Adult Care Food Program (CACFP) for both the morning and afternoon snacks. Therefore, children are served two nutritional components at each snack time (i.e. Cheerios/100% juice and peaches/milk). The CACFP provides nutritional guidelines and updates for the Center to follow.

Safety is our number one concern, and focusing on the children with allergies, medical conditions, or special diets must be our priority at all times. DCCC chooses to only accommodate those requests made to alter snack choices if a doctor's note is obtained for an allergy, medical condition or special diet. Breast milk (beyond 12 months of age) may be permitted as a drink substitution as long as a doctor's note is submitted. The doctor's note will help DCCC to follow the correct procedures in assuring the safety of that child and other children within the classroom.

Juice

The guidelines outlined by the American Academy of Pediatrics (in Caring for Our Children, 3rd edition) state that juice consumption should be no more than a total of four to six ounces per day for children ages 1 – 6 years old. Up until 12 months of age, children will be served whole fruits in place of 100% juice at morning snack. Upon turning 12 months, children will be served 4 ounces of 100% juice. All other classrooms (puppies to Kindergarten) will serve 4 ounces of juice to each child at morning snack.

Milk

Up until 12 months of age, children are to be served formula or breast milk. Four ounces of whole milk will be served to all children ages 12-24 months at lunch and afternoon snack. Upon turning two years old, all children will be served 4 ounces of skim milk at lunch and afternoon snack.

Lunch

We are aware that many parents may have different preferences for milk. Therefore, since lunches are brought from home, parents may choose to send a drink along with their child's lunch. This alternate beverage must be sent in a developmentally appropriate container for their child to drink and must be labeled with their child's name.

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