2017 Dickinson College Farm CSA



important dates

April 17th: Egg Share Applications Due April 17th: Veggie Share Applications Due May 23rd: Weekly and some Bi-Weekly Farm Shares May 23rd: Egg Shares Begin at the Farm May 26th: Campus Shares Begin (regular & small) May 26th: Egg Shares Begin on Campus May 30th: Alternate Bi-Weekly Share Members Begin

csa bythenumbers

4 season durations to choose from: 12, 15, 24 and 30 weeks

2 pick-up options: Free-Choice at the Farm or Pre-Boxed Shares with Campus Delivery

155 loyal members

7 delicious pick-your-own crops included with CSA membership



1 weekly newsletter with recipes, news, events & more!

2 payment options

12:00 - 6:30 pick up window

1 farm dog named Bella



elcome to the **Dickinson College** Form CSA! Generally speaking, CSA stands for Community Supported Agriculture and is an innovative way to connect local farms and local eaters. According to the USDA, as of a 2007 survey, there were over 13,000 CSA programs in North America, of which 12,549 are in the United States. Members of CSA programs agree to cover a portion the planned costs of the farm operations and in exchange they receive shares of the farm's bounty.

Dickinson College Farm's produce is certified organic by USDA-accredited certifying agency **Pennsylvania Certified** Organic.

Members also shoulder part of the risks of farming, such as adverse weather or pests. The DC Farm's Campus **Supported Agriculture** (CSA) program aims to connect our campus community with fresh and organically grown produce from the College Farm and helps to connect its members to the wider local food system.

We grow over 50 different crop varietie; on our farm and we offer an average of 17 different veggies at our farm pick up!

csaoverview

questions? email farm@dickinson.edu

SA programs have been supplying families with fresh produce since the concept began in Japan back in the 1960s. Farmers adopt this model to market their crops. build local economies and help shape communities around nourishing food.

his year the Dickinson Farm is gearing up for a areat arowing season!

During the CSA season, members will receive freshly harvested in-season Certified Organic vegetables, fruits, and herbs that have been grown without the use of synthetic chemicals. We continue to advance the aaricultural practices on the farm, exploring innovative methods for building soil health and crop quality.

Our goal is to continue to cultivate an agricultural environment that supports biodiversity, promotes sustainable land management practices, and grows healthy food for our farm community!

ree Choice or "Take What You Need" will continue to be the model for our **Tuesday** Farm pick ups. This model encourages members to pick freely from the available items. determining their own quantities and variety. We will sometimes place limits on items that are in high demand. We respect that vou know what is best for vour household from week to week.

ur Friday campus **delivery** option will continue this season as a Pre-Boxed Share. We will choose what will go into your box each week, boxes will be conveniently packed with the same selection of produce according to what is in season and share size. **Regular and Small shares** are available for weekly pick-up.

e are excited to share this next season with you and, as always appreciate any feedback that you have! Here's to a great season ahead!





pick up at the farm or on campus?

Farm pick up takes place at Dickinson College Farm, 553 Park Drive, Boiling Springs, PA on Tuesdays from 12pm-6:30pm

Tuesday members will select vegetables based on our Free-Choice model or take what you need.

Campus pick up takes place at Project S.H.A.R.E at 5 North Orange Street (more detailed directions will be provided) in Carlisle on Fridays from 12pm-6:30pm

Friday members will pick up a pre-boxed share each week, conveniently packaged with traditional favorites

> There is a one time delivery fee of \$10 for Small Shares or \$15 for Regular Shares.



Members may choose to sign up for shares running from mid-May through the end of **October** or from mid-May through mid-**December**

csaoptions

what you can choose and what it means



which \$hare

size?

FOR FARM PICK-UP:

Weekly Shares pick up their produce every week; Bi-Weekly Shares pick up their produce every other week. The shares have all of the same perks: the only difference is the frequency of the pickup.

FOR CAMPUS PICK-UP:

All members pick up weekly. The difference will be the size of the box each week and number of items in each box. **Regular** size boxes will have approximately 10-12 items per week, **Small** boxes will average 6 - 8 items per week

Both **Bi-weekly** Shares and **Small** Shares can supply an avid cook or group of 2-3 that eat at home often but also dine out. If you cook a lot, love veggies and your group has 3-6 members, then we would suggest a **Weekly** or **Regular** share.

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pay in full or split payments evenly over 5 months?

To make our CSA more convenient and pocketbook friendly we will again be offering auto-payment deduction for Dickinson employees.

Members who choose autopayment deduction will need to include their Banner ID number on their application. The CSA fee will be divided evenly between 5 paychecks - deducted from the first paycheck of each month starting in May and ending in September.



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csa member perks

ptek-your-own crops at no added charge



Back by popular demand, the DCF will prep ground conveniently located to the barn for members to pick additional crops for their kitchen or food preservation needs. Crops you can look forward to seeing in the P-Y-O plot include sauce tomatoes, cherry tomatoes, sugar snap peas, culinary herbs, cut flowers and early season strawberries. We enjoy seeing our CSA members with baskets in hand picking through the P-Y-O patch! Come one, come all!



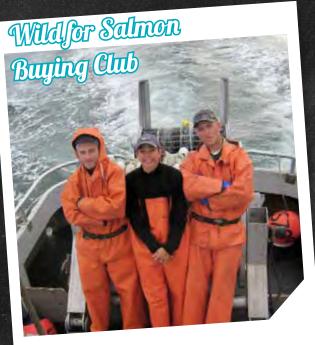
All CSA members receive 10% off at the Farmers on the Square market.



The farm is a wonderful spot for an afternoon stroll or picnic. We encourage our CSA members to feel at home on the farm.

csa member perks

continued...



DCF CSA Members have the opportunity to buy wild-caught Alaskan salmon at discounted prices through our DC Farm CSA buying club with Wild for Salmon.

"Wild For Salmon is a local business that makes fresh/frozen wild Alaskan sockeye salmon available to you at a common good price. Because we are the fishermen and we are local, we are able to provide you with the highest quality, flash/frozen, Alaskan sockey'e available. Wild For Salmon is owned and operated by Steve and Jenn Kurian of Bloomsburg, PA."

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Bring your empty containers and fill 'em up with all-natural Sun & Earth laundry and dish detergent at the farm.

> first to know about bulk buying opportunities

CSA members are always the first to learn about bulk sauce tomatoes and other bulk veggies for salel If we have limited quantities, CSA members get first

2017 Dickinson College Farm

filloutouronlineapplication

Please fill out our application online:

https://goo.gl/forms/VNC5nqjO7z108MTz2

If you prefer to submit a hard copy of the application, please send us a message at farm@dickinson.edu and we will email you the PDF version.

Your spot will not be reserved until we receive your check. Please make checks out to "Dickinson College Farm". You may send your check via interoffice mail (Dickinson Farm/Kaufman 183) or via snail mail (Dickinson Farm / PO Box 1773 / Carlisle, PA 17013).

eggcsainformationandapplication

Egg CSA Share Option

The College Farm raises its flock of hens on pasture, moving them regularly to new patches of grass in order to provide the hens with a fresh buffet of greens to graze on. The hens are supplemented with GMO-free organically grown local grains that are also milled locally and made into a ration that is designed for optimal health. The College Farm loves its hens and takes great care to keep them safe, healthy and happy!

Assures that our egg lovers get their eggs!

12, 15, 24 and 30 week share options (at both pick up locations)

Please fill out our egg csa application **here**! Deadline for signing up is March 17th and shares are limited – don't delay!



1 dozen every other week (May - Oct) 12 weeks - \$60.00 1 dozen every other week (May - Dec) 15 weeks - \$75.00 1 dozen every week (May - Oct) 24 weeks - \$120.00 1 dozen every week (May - Dec) 30 weeks - \$150.00

1/2 dozen every week (May - Oct) 24 weeks - \$72.001/2 dozen every week (May - Dec) 30 weeks - \$90.00please note: 1/2 dozen shares only available for every week pick-up

questions?concerns?

Contact us at farm@dickinson.edu or 717-245-1969





seasonalchart

see what we grow and when



	All harvest times are approximate. (x) = weather permitting							250
	MAY	JUNE	JULY	AUG	SEPT	ОСТ	NOV	DEC
BERRIES & TREE FRUIT	T	1	1			-	T	
Strawberries	Х	Х						
LEAFY GREEN CROPS	1	1			r	r	1	
Bok Choy	х	х			х	х		
Broccoli					х	х	х	х
Cabbage		х			х	х	х	х
Cabbage, Napa (Chinese)					х	х	(x)	(x)
Escarole					х	х	(x)	(x)
Kale	х	х			х	х	х	х
Salad Greens	х	х			х	х	х	х
Herbs*	х	х	х	х	х	х	х	х
Leeks			х			х	х	
Lettuce	х	х	х	х	х	х	х	х
Spinach	х	х			х	х	х	х
Swiss Chard	х	х			х	х	х	х
ALL OTHER VEGETABLES AN		•			•	•	•	
Beans, Green		х	x	х	х			
Beets		х	х	х	х	х	х	х
Cantaloupe			х	х				
Carrots		х	x	x	х	х	х	х
Cauliflower			~	~	x	x	x	x
Celeriac					X	x	x	x
Cucumbers		х	x	х	x	~	~	~
Eggplant		~	x	x	x			
Garlic			~	~	x	х	x	x
Kohlrabi	x	х			x	x	~	~
Okra	^	^	x	х	x	^		
Onions, Bulb			^	^	x	x	x	x
Onions, Green	V	V	v	×		x	x	1
	х	х	X	х	X			X
Parsnips & Rutabagas Peas	v	v			Ň	Х	Х	X
	Х	X			X			())
Peppers, Green & Red Bell		х	X	X	X	Х	Х	(x)
Peppers, Hot			X	X	x			
Potatoes				Х	X	X	X	X
Radishes	X				х	х	х	х
Rhubarb	х							<u> </u>
Summer Squash		х	Х	Х	х			
Sweet Potatoes						X	х	х
Tomatoes, Slicer		х	Х	Х	х	(x)		<u> </u>
Tomatoes, Cherry		Х	Х	Х	х	(x)		
Turnips	ļ	х	ļ		х	Х	х	х
Watermelon			х	Х				ļ
Winter Squash						х	х	х
Zucchini	1	х	х	х	х		1	

pick-your own seasonalchart for csa members

All harvest times are approximate and dependent on weather.

	June	July	August	September	October
Basil	late June	х	х	х	
Culinary Herbs	late June	х	х	x	х
Flowers	late June	х	х	x	
Sauce Tomatoes		late July	х	x	
Strawberries	х				
Sweet Peas				x	
Cherry Tomatoes		late July	Х	Х	

directionstothefarm



From Carlisle

Take High St. toward downtown Carlisle. Follow High St. until the road splits at Hess

Gas Station. At the High St./York St. split, take a slight right onto York St. Follow York St. past Lowes. After crossing under Route 81, turn right onto Westminster Ave., following the signs for Boiling Springs. Turn left onto Forge Rd. Follow Forge Rd. for three miles into Boiling Springs. Just after the South Middleton Schools entrance, bear right on Walnut St. Go straight at the fourway stop. As you follow this street out of town around a right-hand curve, Walnut St.

becomes Park Dr. The College Farm is the second farm on your right after leaving the village of Boiling Springs. Look for the red corn crib and red Dickinson barn on the right.

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ALL ABOUT WORK SHARES: The DCF offers limited work share options for CSA members. Similar to bartering, CSA members exchange labor for food! During the 2017 growing season, the DCF will offer exciting work opportunities for interested CSA members. Share members earn one share per 2.5 hours of work on the farm. For a Bi-Weekly Share, that comes to a total of 37.5 work hours over the thirty-week CSA season; for a Weekly Share, that comes to a total of 75 hours of work over the thirty-week CSA season. **Email farm@dickinson.edu to sign up!**

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General Farm Helper

more info

CSA members are invited

to join the farm crew during work days and help with the task at hand! The farm work day starts at 7:30am and ends at 4:30pm. On Saturday the work day is 8:00am-12:00pm. CSA members are welcome to arrive anytime during the farm work day to fulfill work share hours! Members choosing this option can expect to get a good work out with each visit to the farm! A big advantage to this Work Share option is the chance to work alongside some of the most friendly students and interns, ever!

a typical week includes

- <u>Monday and Thursday</u> mornings = Harvest Time
- <u>Tuesdays</u>= Final Harvest and Field Work
- <u>Wednesday</u> = Final Market Prep and Field Work
- <u>Friday</u> = Field Work and includes a great communal lunch to help punctuate the week.

