

Dealing with a Diagnosis

"I was recently diagnosed with a heart disease-related condition. Before I go ahead with the treatment recommended, I want to talk to another doctor. Can you help?"

Yes. It is especially important to get a second opinion when facing a serious illness, surgery or complex interventions to help you make the best decisions. Another doctor may suggest a less invasive procedure, for example. A Personal Health Advocate can help you by researching the latest treatment options, locating doctors who specialize in the condition, scheduling the consultation, transferring medical records, and more. If needed, we can help you secure a third opinion.



How Can I Avoid a Surprise Medical Bill?

If possible, check with your insurer before treatment to ensure approval. Also, check to make sure the medical provider is in-network with your insurance plan-this could result in a lower bill. After treatment, ask for an itemized bill, and look it over for errors.

Need help deciphering a medical bill or resolving a medical billing error?

Call us-your Personal Health Advocate can help!

Breast Cancer Awareness Month

Talk to your doctor about your risks and how to detect the disease early. Learn about screenings and more.

Did You Know?

In 2012, the ACS and NCI estimated there are at least 13.7 million cancer survivors alive in the US today, and that number will grow to almost 18 million by 2022.

Click Here>>
for more information.



Real People... Real Results



Save on Prescription Costs

Getting a new prescription medication can involve unexpected out-of-pocket costs. Here is how we helped one member save money:

When Ginny was prescribed a new cholesterol drug, she was shocked at what she would have to pay. She called her Personal Health Advocate, Tony, who confirmed that the medication was on her health plan's formulary. He also found more affordable generic equivalents for Ginny to discuss with her doctor.

Once her doctor agreed to substitute a generic medication, Tony helped Ginny enroll in her health plan's mail order prescription plan. This allowed her to get a three-month supply of her medication at a lower co-pay.

Don't put off filling your prescription because of the cost! Call us for help.

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