



# Honey Bees Weekly Lesson Plan

**Theme: The Wild World of Sports**


**Date: 7/27/15-7/31/15**

**BIG IDEA:** Children need to be able to make healthy choices physically and nutritionally. Children’s ability to learn is dependent on healthy habits including good nutrition, physical activity and safe practices. Teachers need to model, demonstrate, instruct, and provide opportunities on ways to make good decisions about their health, wellness, and physical development. (10.1-3.3 SAFE PRACTICES & 10.1-3.2 BODY AWARENESS )

**ESSENTIAL QUESTIONS:** Can I begin to locate body parts? Can I practice health and safety routines? Can I make choices?

**PARENT INVOLVEMENT:**

- Wednesday is WEAR YOUR \_\_\_\_\_ DAY! (Baseball cap, Jersey, Hockey Shirt, Team Shirt, Etc.)

	MON	TUES	WED	THUR	FRI
<b>Large Motor Activity</b>	FOOT RACE around the playground	WATER PLAY	Sports Charades	OBSTACLE COURSE in the big room	WATER PLAY
<b>Standard</b>	STANDARD 10.4: PHYSICAL ACTIVITY: GROSS MOTOR COORDINATION				
<b>Gathering Time</b>	DISCUSS: What’s Your Favorite Sport?	BOOK: T is for Touchdown	DISCUSS: What does it mean to be a TEAM?	SONG: Take Me Out To the Ball Game  Book: Homer the Baseball	BOOK: Sports! Sports! Sports! (book of sports poems)
	2.1.1 COUNT AND COMPARE NUMBERS			1.1.2 WORD RECOGNITION SKILLS	
<b>Small Group Activity</b>	Sport sticker collages	Lace a football 	Tag Team Clean Up	Color a Baseball	Golf ball painting
<b>Standard</b>	STANDARD: 25.2 SELF REGULATION	STANDARD 10.5: CONCEPTS, PRINCIPLES AND STRATEGIES OF MOVEMENT: FINE MOTOR DEVELOPMENT	10.5.1 STRENGTH, COORDINATION AND MUSCLE CONTROL		STANDARD 3.2a: PHYSICAL SCIENCES: CHEMISTRY
<b>Changes To The Environment</b>	New Books				
<b>Self-Help Skills:</b>	Turning on & off water, getting paper towel to dry hands		Putting away the toy they are playing with	Finding their place by looking for a shape	