


# HONEY BEES WEEKLY LESSON PLAN

Theme: What do WE need to grow?

Date: 3/30/15-4/3/15 

## OBJECTIVES AND GOALS

**BIG IDEA:** Children need to be able to make healthy choices physically and nutritionally. Children’s ability to learn is dependent on healthy habits including good nutrition, physical activity and safe practices. Teachers need to model, demonstrate, instruct, and provide opportunities on ways to make good decisions about their health, wellness, and physical development.

**ESSENTIAL QUESTION:** Can I begin to locate body parts? Can I practice health and safety routines? Can I make food choices?

**PARENT INFO:** Contribute a **FRUIT** your child likes to our special snack for Friday! Help your children to make healthy food choices and get moving for at least 30 minutes a day!

	<b>M</b>	<b>T</b>	<b>W</b>	<b>TH</b>	<b>F</b>
<b>GROSS MOTOR (GM)/ FINE MOTOR (FM) MOTOR ACTIVITY</b>	GM: Walk on Campus  FM: Lacing Cards	GM: Racing in the big room  FM: Playdough	GM: Bikes on the playground/big room  FM: Beading	GM: Walk on Campus  FM: Puzzles	GM: Dance party to “choosey kids”  FM: Coloring
<b>STANDARD</b>	STANDARD 10.4: PHYSICAL ACTIVITY: GROSS MOTOR COORDINATION				
<b>GATHERING TIME</b>	Counting Fish (5) Forward and backwards. Talk about fishing season and how we can eat fish and it’s health for us to eat.	Colors  BOOK: Off to the Market  Naming foods that are certain colors and labeling the colors of foods.	SONG: I like to eat apples and bananas	Pictures of food: (Healthy food) say “GOOD FOR ME”, (Unhealthy food) say, “NO THANK YOU”	How many colors do you have in your lunch? How many fruits? Vegetables?
<b>STANDARD</b>	2.1.1 COUNT AND COMPARE NUMBERS	STANDARD 1.6: SPEAKING AND LISTENING	1.1.2 WORD RECOGNITION SKILLS		
<b>SMALL GROUP ACTIVITY</b>	Cooking food in the kitchen center. What are you making to eat? Is it a “GO FOOD” or a “SLOW FOOD”?	Playdough	Draw our favorite fruit Vegetable	Measure ourselves, how many inches tall are we?	Make fruit salad for snack
<b>STANDARD</b>	STANDARD: 25.2 SELF REGULATION	STANDARD 10.5: CONCEPTS, PRINCIPLES AND STRATEGIES OF MOVEMENT: FINE MOTOR DEVELOPMENT	10.5.1 STRENGTH, COORDINATION AND MUSCLE CONTROL		
<b>CHANGES TO THE ENVIRONMENT</b>	New Books				
<b>SELF-HELP SKILLS:</b>	Turning on & off water	Putting away the toy they are playing with		Finding their place by looking for their picture	

**VOCABULARY WORDS:** Fruit, Vegetable