



collegefarm 2015csa

important dates

March 1st: Egg Share Applications Due

April 1st: Applications Due

May 1st: All Payments Due

Week of May 12th: Weekly Share Members Start

Week of May 12th or May 19th: Bi-Weekly Share Members Start

csa bythenumbers

Average of 17 vegetable items offered each week

2 frequency options: Weekly or Bi-Weekly. Exact same veggie options per pick up and same perks. Only difference = frequency.

175 loyal members

7 delicious pick-your-own crops included with CSA membership, at no additional charge!

1 farm dog named Bella

2 payment options

2 pick up locations

12:00 - 6:30 pick up window





csaoverview

questions? email farm@dickinson.edu

We grow over 50 different crop varieties on our farm and we offer an average of 17 different veggies at each pick up!

elcome to the Dickinson College Form CSA!

Generally speaking, CSA stands for Community Supported Agriculture and is an innovative way to connect local farms and local eaters. According to the USDA, as of a 2007 survey, there were over 13,000 CSA programs in North America, of which 12,549 are in the United States. Members of CSA programs agree to cover a portion the planned costs of the farm operations and in exchange they receive shares of the farm's

Dickinson College Farm's produce is certified organic by USDA-accredited certifying agency Pennsylvania Certified Organic.

bounty. Members also shoulder part of the risks of farming, such as adverse weather or pests. The DC Farm's Campus Supported Agriculture (CSA) program aims to connect our campus community with fresh and organically grown produce from the College Farm and helps to connect its members to the wider local food system.



SA programs have been supplying families with fresh produce since the concept began in Japan back in the 1960s. Farmers adopt this model to market their crops, build local economies and help shape communities around nourishing food.

his year the Dickinson
Farm is gearing up for a
great growing season!
During the CSA season,
members will receive freshly
harvested in-season Certified
Organic vegetables, fruits,
and herbs that have been
grown without the use of
synthetic chemicals. We

continue to advance the agricultural practices on the farm, exploring innovative methods for building soil health and crop quality. Our goal is to continue to cultivate an agricultural environment that supports biodiversity, promotes sustainable land management practices, and grows healthy food for our farm community!

ree Choice or "Take What You Need for the Week" will be the theme of the 2015 CSA season, encouraging members to pick freely from the list of available items, determining their own quantities and variety. We ask that members take no more than they can use in a week. We will sometimes place limits on items that are in high demand. We respect that you know what is best for your household from week to week and that no one likes to see food go to waste.

e are excited to share this next season with you and, as always appreciate any feedback that you have! Here's to a great season ahead!

2015 Dickinson College Farm CSA

Only \$24 per pick up:

Weekly, 30 pick ups: \$720

Bi-Weekly, 15 pick ups: \$360



weekly or bi-weekly?

Weekly Shares pick up their produce every week; Bi-Weekly Shares pick up their produce every other week. The shares have all of the same perks: the only difference is the frequency of the pickup.

The start dates of Bi-Weekly Share members are staggered to maintain a balanced weekly harvest count.

A Bi-weekly Share can supply an avid cook or group of 2-3 that eat at home often. If you cook a lot, love veggies and your group has 3-6 members, then we would suggest a weekly share.

csaoptions what you can choose and what it means



pick up at the farm or on campus

Farm pick up takes place at Dickinson College Farm, 553 Park Drive, Boiling Springs, PA on Tuesdays from 12pm-6:30pm

On campus pick up takes place at Project S.H.A.R.E at 5 North Orange Street (more detailed directions will be provided) in Carlisle on Fridays from 12pm-6:30pm.

There is a one time delivery fee of \$8 for Bi-Weekly Shares or \$15 for Weekly Shares.





pay in full or split payments evenly over 8 months?

To make our CSA more convenient and pocketbook friendly we will again be offering auto-payment deduction for Dickinson employees.

Members who choose autopayment deduction will need to include their Banner ID number on their application. The CSA fee will be divided evenly between 8 paychecks - deducted from the first paycheck of each month starting in May and ending in November.



csa member perks



Back by popular demand, the DCF will prep ground conveniently located to the barn for members to pick additional crops for their kitchen or food preservation needs. Crops you can look forward to seeing in the P-Y-O plot include sauce tomatoes, cherry tomatoes, sugar snap peas, culinary herbs, cut flowers and early season strawberries. We enjoy seeing our CSA members with baskets in hand picking through the P-Y-O patch! Come one, come all



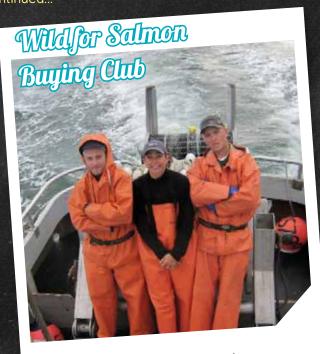
All CSA members receive 10% off at the Farmers on the Square market.



The farm is a wonderful spot for an afternoon stroll or picnic. We encourage our CSA members to feel at home on the farm.

2015 Dickinson College Farm CSA

continued...



csa member perks

DCF CSA Members have the opportunity to buy wild-caught Alaskan salmon at discounted prices through our DC Farm CSA buying club with Wild for Salmon.

"Wild For Salmon is a local business that makes fresh/frozen wild Alaskan sockeye salmon available to you at a common good price. Because we are the fishermen and we are local, we are able to provide you with the highest quality, flash/frozen, Alaskan sockeye available. Wild For Salmon is owned and operated by Steve and Jenn Kurian of Bloomsburg, PA."



Bring your empty containers and fill 'em up with all-natural Sun & Earth laundry and dish detergent at the farm.



CSA members are always the first to learn about bulk sauce tomatoes and other bulk veggies quantities, CSA members get first

filloutouronlineapplication

Please fill out our application online:

http://goo.gl/forms/G6fCgyrUIN

If you prefer to submit a hard copy of the application, please send us a message at farm@dickinson.edu and we will email you the PDF version.

Your spot will not be reserved until we receive your check. Please make checks out to "Dickinson College Farm". You may send your check via interoffice mail (Cheryl Lusk/Kaufman) or via snail mail (Cheryl Lusk / PO Box 1773 / Carlisle, PA 17013).

Pennsylvania Association for Sustainable Agriculture www.pasafarming.org

eggcsainformationandapplication

New for 2015! Egg CSA Share Option

The College Farm raises its flock of hens on pasture, moving them regularly to new patches of grass in order to provide the hens with a fresh buffet of greens to graze on. The hens are supplemented with GMO-free organically grown local grains that are also milled locally and made into a ration that is designed for optimal health. The College Farm loves its hens and takes great care to keep them safe, healthy and happy!

13 weeks or 26 weeks share option (at both pick up locations)

Share size options available

Assures that our egg lovers get their eggs!

Please fill out our egg csa application **here!**Deadline for signing up is in March 1st and shares are limited – don't delay!



1 dozen per week for 13 weeks - \$65.00 1 dozen per week for 26 weeks - \$130.00

1/2 dozen per week for 26 weeks - \$78.00

questions?concerns?

Contact us at farm@dickinson.edu or 717-245-1969

seasonalchart

see what we grow and when



All I	parvest times are approximate. (x) = weather permitting							556
	MAY	JUNE	JULY	AUG	SEPT	ОСТ	NOV	DEC
BERRIES & TREE FRUIT	1	ı	1			1		
Strawberries	Х	Х						
LEAFY GREEN CROPS	T	ı				ı		
Bok Choy	Х	Х			Х	Х		
Broccoli					Х	Х	Х	Х
Cabbage		Х			Х	Х	Х	Х
Cabbage, Napa (Chinese)					Х	Х	(x)	(x)
Escarole					Х	Х	(x)	(x)
Kale	Х	Х			Х	Х	Х	Х
Salad Greens	Х	Х			Х	Х	Х	Х
Herbs*	Х	Х	Х	Х	Х	Х	Х	Х
Leeks			Х			Х	Х	
Lettuce	Х	Х	Х	Х	Х	Х	Х	Х
Spinach	Х	Х			Х	Х	Х	Х
Swiss Chard	Х	Х			Х	Х	Х	х
ALL OTHER VEGETABLES AN	D FRUITS							
Beans, Green		Х	Х	Х	Х			
Beets		Х	Х	Х	Х	Х	Х	Х
Cantaloupe			Х	Х				
Carrots		Х	Х	Х	Х	Х	Х	Х
Cauliflower					Х	Х	Х	Х
Celeriac					Х	Х	Х	Х
Cucumbers		Х	Х	Х	Х			
Eggplant			Х	Х	Х			
Garlic					Х	Х	Х	Х
Kohlrabi	Х	Х			Х	Х		
Okra			Х	Х	Х			
Onions, Bulb					Х	Х	Х	Х
Onions, Green	Х	Х	Х	Х	Х	Х	Х	х
Parsnips & Rutabagas						Х	Х	х
Peas	х	х			Х			
Peppers, Green & Red Bell		Х	Х	Х	Х	Х	Х	(x)
Peppers, Hot			Х	Х	X			(/
Potatoes				X	X	Х	х	Х
Radishes	х				X	X	X	X
Rhubarb	X				^_			
Summer Squash	<u> </u>	Х	Х	Х	Х			
Sweet Potatoes				^		Х	Х	Х
Tomatoes, Slicer		Х	х	Х	Х	(x)		
Tomatoes, Cherry		X	X	X	X	(x)		
Turnips		X		^	X	(^) X	Х	Х
Watermelon			Х	Х	^	^	^	^
Winter Squash				^		Х	Х	Х
Zucchini		v	.,			^	^	
*Herbs grown at Dickinson College	<u> </u>	X	X	Х	Х	<u> </u>		

pick-your own seasonalchart for csa members

All harvest times are approximate and dependent on weather.

	June	July	August	September	October
Basil	late June	Х	х	Х	
Culinary Herbs	late June	Х	х	Х	Х
Flowers	late June	Х	х	х	
Sauce Tomatoes		late July	Х	х	
Strawberries	х				
Sweet Peas				×	
Cherry Tomatoes		late July	Х	х	

directionstothefarm



From Carlisle

Take High St. toward downtown Carlisle. Follow High St. until the road splits at Hess

Gas Station. At the High St./York St. split, take a slight right onto York St. Follow York St. past Lowes. After crossing under Route 81, turn right onto Westminster Ave., following the signs for Boiling Springs. Turn left onto Forge Rd. Follow Forge Rd. for three miles into Boiling Springs. Just after the South Middleton Schools entrance, bear right on Walnut St. Go straight at the fourway stop. As you follow this street out of town around a right-hand curve, Walnut St.

becomes Park Dr. The College Farm is the second farm on your right after leaving the village of Boiling Springs. Look for the red corn crib and red Dickinson barn on the right.

2015 Dickinson College Farm CSA



workshares

work in exchange for a CSA share of your choice!

ALL ABOUT WORK SHARES: The DCF offers limited work share options for CSA members. Similar to bartering, CSA members exchange labor for food! During the 2015 growing season, the DCF will offer some new work opportunities for interested CSA members. Share members earn one share per 2.5 hours of work on the farm. For a Bi-Weekly Share, that comes to a total of 37.5 work hours over the thirty-week CSA season; for a Weekly Share, that comes to a total of 75 hours of work over the thirty-week CSA season. **Email farm@dickinson.edu to sign up!**



General Farm Helper

more info

CSA members are invited to join the farm crew during work days and help with the task at hand! The farm work day starts at 7:30am and ends at 4:30pm. On Saturday the work day is 8:00am-12:00pm. CSA members are welcome to arrive anytime during the farm work day to fulfill work share hours! Members choosing this option can expect to get a good work out with each visit to the farm! A big advantage to this Work Share option is the chance to work alongside some of the most friendly students and interns, ever!

a typical week includes

- Mondays and Thursdays morning = Harvest Time
- Tuesdays = Final Harvest and Field Work
- Wednesdays = Final Market
 Prep and Field Work
- Fridays= Field Work and includes a great communal lunch to help punctuate the week.

Herb Gardener

1 position available more info

This Work Share option is ideal for a CSA member who likes to weed plus make their own schedule. The primarily role of the Herb Gardener is to dedicate 1-2 hours per week toward planting, weeding, mowing, pruning and beautifying the farm's herb garden. Once trained, this work can take place any day of the week, sunrise to sunset.



"There is a certain rhythm and schedule to the work that we do but somehow each day evolves differently. Nothing ever runs exactly to plan which, to me, is a wonderful life meditation to practice. I am not in control of that which is greater than I." - Ienn

Teaching Garden Caretaker

1 position available more info

Located right beside the parking area at the College Farm the Teaching Garden is a landmark for younger visitors and CSA members. This position will work with farm staff to maintain crops that are planted in the raised beds throughout the growing season (June to Sept/Oct). Care for this garden requires weekly attention such as weeding, planting, watering, and general oversight to help keep it looking welcoming!

Value Added Helper

1 position available more info

This position will start in July when our canning season gets underway! This position will work directly with Packing House Coordinator, Kevin Harper-McCombs in the lower barn prepping and processing raw vegetables into delicious canned goods. Canning days on the farm are Tuesday afternoons, Wednesday afternoons, Thursday afternoons and all day on Friday. Members interested in this work share option who are available on any or all of the days listed above are welcome!