

FREE Study Strategies Workshops

WITH DIRECTOR OF LEARNING SKILLS, MARNI JONES



THURSDAYS ~ Althouse 201
12:15–1:15 (Bring lunch!)

Door Prizes! Bookstore/Devil's Den Gift Cards!



Time Management—Hands on Planning

Thursday, September 11th

Looking to find effective ways to balance schoolwork with the rest college life? Have you ever attended a time management workshop or been given tips that made sense, but you just never used them? Here's your chance to combat procrastination and time pitfalls by making a concrete weekly schedule to put into action. Bring all your class syllabi, your planner, and laptop (if you have one) and roll up your sleeves ready to create a personal plan for a successful semester. CARPE DIEM!

Effective Study Habits

Thursday, September 18th

A new semester in college is the perfect time to commit to forming effective study habits. How should you tackle reading assignments? Using research-based rationales for when, where and how to study to optimize recall and productivity, this workshop will provide participants with strategies that have proven to work for college students, catapulting them from frustration to academic success. LEARN TO STUDY SMARTER.

Note-Taking to Improve Test-Scores

Thursday, September 25th

Are you someone who takes too many notes--or maybe not enough? Ever find that your notes are too cryptic to help you to study well for tests? This workshop will illustrate the benefits of effective note-taking, introduce several note-taking styles, and present strategies for capturing, organizing, and reviewing important information from reading and given during lectures. You'll also learn about tech solutions such as smart pens and computer programs that record class lectures while you write. EFFECTIVE NOTE TAKING + REVIEW = MAXIMUM TEST READINESS



Memory Strategies

Thursday, October 2nd

Improving your ability to recall information calls for improving the way you cognitively store that information. Learn a variety of techniques to help your brain retain--from reading metacognitively, to creating mnemonics, to visual triggers, to making computer-based vocab games with which you can test yourself. Participants should bring along a laptop, if you have one, and a list of at least 5 vocabulary words you're struggling to remember. DON'T FORGET TO COME!

Test-Taking Tips

Thursday, October 9th

For many students, one of the biggest hurdles to academic success is demonstrating all that they've learned by performing well on tests. This interactive workshop will teach you a host of test strategy tips, including time budgeting, tackling multiple-choice and essay questions, and effective test prep. Participants will also receive guidance on how to address and reduce the mental blocks caused by test anxiety. With your newfound insights, get ready to play a round of TEST-TAKING JEOPARDY!



*For each workshop you're interested in attending,
please RSVP to: advising@dickinson.edu*