

Rape Aggression Defense System

Policy/Procedure

The Rape Aggression Defense System (R.A.D.) is a comprehensive self-defense system for women. The RAD program is available to employees and students. The program includes awareness, prevention, risk reduction and avoidance strategies, as well as options available to women during a confrontation or attack. RAD is a hands on defense training program, not a martial arts course.

R.A.D. is taught by nationally certified DPS officers. The program focuses on developing self-defense as one of the options available to women. The system includes carefully selected, realistically employable defense tactics which utilize a woman's personal weapons (such as hands and feet). These tactics are easy to learn and easy to retain.

We also offer a free lifetime practice policy, which encourages students who have completed the course to return to any RAD class and practice with a certified instructor at absolutely no cost.

If you have questions or if you are interested in taking part in the program, please contact the instructors at rad@dickinson.edu.

Related Information

History/Revision Information

Responsible Office/Division: Public Safety

Effective Date:

Last Amended Date: October 19, 2010

Next Review Date:

Also Found In: DPS Web (<http://www.dickinson.edu/student-life/campus-safety/services/Rape-Against-Defense-System/>)