Dickinson

WHAT TO DO: WORK-RELATED INJURY OR ILLNESS

MAJOR INJURY OR ILLNESS

EXAMPLES: Symptoms of heart attack or stroke, profuse bleeding, amputations, unconsciousness, extreme breathing problems, deeply impaled objects, anaphylaxis, seizures, etc.

WHAT TO DO: CALL 911

NOTE: Any injury requiring treatment of this nature should warrant call to 911. DPS does not transport injured employees. All costs incurred as a result of a <u>work-related</u> injury or illness are covered by Dickinson and the employee does not pay for ambulance or treatment if 911 is called in a good faith attempt to render aid for a <u>work-related</u> injury or illness. Employees are strongly encouraged to call 911 in the event of an emergency, even though some emergencies may not be <u>work-related</u>.

MODERATE INJURY OR ILLNESS

EXAMPLES: Foreign object in eye, third-degree burns, bone fractures/breaks (not protruding skin), deep or large cut, overexposure to chemicals, exposure to bloodborne pathogens, etc.

WHAT TO DO: Attempt to administer First Aid, if possible. Next, contact a Workers' Compensation Panel Provider for treatment. Call DPS to request Dickinson Medical Van, self-transport, or have supervisor drive you to closest panel provider or emergency department.

NOTE: Injured employees requiring non-emergency medical care at local urgent care or hospital, may be transported by Med Van if available. Officers responding to incidents of employee injury should determine if transport by Med Van is appropriate or if ambulance is required. If Med Van is appropriate, contact Dispatch to have Med Van dispatched to your location.

If Med Van is not available, employee's transport options will include: ambulance, transport by their supervisor, or self-transport.

MINOR INJURY OR ILLNESS

EXAMPLES: Small cut, abrasion, bruise, stubbed appendage, first/second-degree burn, etc.

WHAT TO DO: Administer First Aid. If necessary, contact a Workers' Compensation Panel Provider for treatment and drive yourself there.

REPORTING A WORK-RELATED INJURY OR ILLNESS:

If a work-related injury or sudden illness occurs, please notify your supervisor or department coordinator, and report your incident using the online reporting system via the Gateway (below):

1. Click the Workers' Compensation Injury Reporting icon via the Gateway.



2. Click

Submit a New Incident

- 3. Click magnifying glass by Employee
 box, enter injured employee's Banner
 ID number, click search, employee's name should
 populate, click Select
 Employee.
- **4.** Complete form, being as detailed as possible.
- 5. Click Submit

IMPORTANT NUMBERS

FIRE/POLICE/EMS:

911

DEPARTMENT OF PUBLIC SAFETY:

717-245-1111 (emergency) 717-245-1349

HUMAN RESOURCE SERVICES:

717-245-1503

WORKERS' COMPENSATION PANEL OF PROVIDERS

OCCUPATIONAL MEDICINE: All injuries (walk-ins available, hours subject to change)

CONCENTRA URGENT CARE (transportation provided by request)

717-245-2411 1124 Harrisburg Pike, Carlisle, PA 17013 Mon-Fri, 8 am-5 pm 717-795-1819 4910 Ritter Rd, Mechanicsburg, PA 17055 Mon-Fri, 8 am-5 pm 717-691-9560 6108 Carlisle Pike, Mechanicsburg, PA 17050 Mon-Fri, 8 am-5 pm 717-558-6708 4200 Union Deposit Rd., Harrisburg, PA 17111 Mon-Fri, 7 am-5 pm

UPMC URGENT CARE CENTER

717-258-9355 1175 Walnut Bottom Rd., Carlisle, PA 17015 daily 8 am-8 pm 717-796-9355 6481 Carlisle Pike, Mechanicsburg, PA 17050 daily 8 am-8 pm

OPTHALMOLOGY: Treats eye injuries

STOKEN WAGNER OPHTHALMIC ASSOCIATES

717-249-6337 338 Alexander Spring Rd., Carlisle, PA 17015

ORTHOPEDIC SURGERY: Skeletal system (bones)

ORTHOPEDIC INSTITUTE OF PA

717-761-5530 250 Alexander Spring Road, Carlisle, PA 17015

3399 Trindle Rd., Camp Hill, PA 17011

OSS HEALTH ORTHOPAEDIC

717-747-8393 1926 Good Hope Rd, Enola, PA 17025

856 Century Dr, Mechanicsburg, PA 17055

1861 Powder Mill Rd, York, PA 17402 (plus a few more within York) 470 W Eisenhower Dr, Hanover, PA 17331 (plus a clinic in Gettysburg)

PENN STATE HOLY SPIRIT ORTHOPAEDICS OUTPATIENT CENTERS

717-901-8000 1211 Forge Rd., Suite 300, Carlisle, PA 17013

429 N 21st St., Camp Hill, PA 17011

51 Business Campus Way, Suite 100, Duncannon, PA 17020

20 Capital Dr., Harrisburg, PA 17110

THERAPY, PHYSICAL OR OCCUPATIONAL: Exercise equipment to regain or improve physical abilities

SELECT PHYSICAL THERAPY

717-241-2247 1 Valley St., Suite 104, Carlisle, PA 17013

ADVANCED PHYSICAL THERAPY & FITNESS

717-790-9994 102 W. Allen St., Mechanicsburg, PA 17055

NEUROLOGICAL SURGERY: Nervous System

PENN STATE HERSHEY MEDICAL CENTER — DEPT. OF NEUROSURGERY

717-531-3828 30 Hope Dr., Suite 1200, East Campus, Hershey, PA 17033

CHIROPRACTIC: Manipulation of body to relieve pressure

McCANN CHIROPRACTIC 717-258-5834 241 York Rd., Carlisle, PA 17013