Student-Athlete ALCOHOL, TOBACCO AND DRUG POLICY

Purpose
The Dickinson College Department of Athletics is concerned about the health, safety and well-being of our student-athletes. Therefore, the department does not support the use of illegal drugs, illegal/misuse of alcohol, use of tobacco, misuse of legal drugs and dietary supplements, use of performance-enhancing supplements and any consumption of NCAA banned substances. The purpose of this policy is to promote the health and safety of student-athletes and fair play in competition.

General Athletic Policies on Alcohol, Tobacco and Drugs
- Possession or use of illegal drugs is prohibited at all times.
- Consumption, possession, or distribution of alcoholic beverages, in violation of applicable state or local laws is prohibited.
- Even where consumption or possession of alcohol is otherwise legal, the consumption or possession of alcoholic beverages by a student-athlete is prohibited in connection with any official intercollegiate team or group function. An official team or group function, for the purpose of this policy, is defined as any activity which is held at the direction of or under the supervision of the team’s coaching staff or a department athletic administrator.
- Even where the consumption or possession of alcohol is otherwise legal, the consumption or possession of alcoholic beverages during an athletic road trip, on team buses, vans, personal automobiles, rental automobiles, or other methods of team transportation is prohibited.
- Even where the consumption or possession of alcohol is otherwise legal, the consumption or possession of alcoholic beverages in the presence of a prospective student-athlete during a campus visit is prohibited.
- Even where the consumption or possession of alcohol is otherwise legal, the consumption or possession of alcoholic beverages by a student-athlete is prohibited where the student-athlete serves as a representative of the College at an official function.
- Use of tobacco products in connection with any practice or competition is prohibited.

Coaches and/or athletic administrators have the discretion to establish more stringent team policies regarding drug/alcohol use. In the event of a conflict between a team policy and this policy, the provisions of this policy will control.
Student-athletes who choose to consume/use alcohol/drugs are accountable for any alcohol/drug related incident in which he/she is involved. In such cases, the student-athlete is subject to state, local, College, Athletic Department and/or team disciplinary action dependent on the nature and severity of the incident. In every instance where violation of this policy is also a violation of the Dickinson College Community Standards, the conduct shall be reported to Student Life and a response for violations of both policies shall be coordinated by Student Life.

**DRUG TESTING PROGRAM**

**Consent to Participate in Testing**

As a condition of participation in intercollegiate athletics at Dickinson College, all student-athletes are required to sign the Drug Testing Consent Form. Any student-athlete who refuses to sign this document, will not be permitted to participate in any intercollegiate athletic team activities.

All student-athletes listed on the official team roster are subject to drug testing under the terms of this policy. This includes but is not limited to student-athletes who are injured, “red shirted” and 5th year student-athletes.

Student-athletes will be tested on a random basis (random selection, random times) throughout the academic year. A student-athlete may be tested more than once during any academic year. Testing may occur during the off-season and at times when classes are not in session. The random selection and testing of student-athletes will be performed by an unbiased third-party professional organization.

**Prohibited Drugs and Substances**

The drug testing process may include analysis of, but is not limited to, the NCAA List of Banned-Drug Classes. These classes are as follows:

- Stimulants
- Anabolic Agents
- Alcohol and Beta Blockers (banned for rifle only)
- Diuretics and Other Masking Agents
- Street Drugs
- Peptide Hormones and Analogues
- Anti-estrogens
- Beta-2 Agonists

*Note: Any substance chemically related to these classes is also banned.

A more detailed explanation of the NCAA List of Banned-Drug Classes can be found at this link: [http://www.ncaa.org/2015-16-ncaa-banned-drugs](http://www.ncaa.org/2015-16-ncaa-banned-drugs)
**Dietary Supplements**

Dietary supplements are not well regulated and may cause a positive drug test result. Many dietary supplements or ergogenic aids are contaminated with banned substances that are not listed on the label. Student-athletes are ultimately responsible for what they consume. Student-athletes are encouraged to contact the National Center for Drug Free Sport, Inc. at www.drugfreesport.com or the Resource Exchange Center (REC) at www.drugfreesport.com/rec for information regarding dietary supplements and other banned substances.

**Sanctions for a Positive Drug Test**

The sanctions for a positive drug test as part of this policy are listed below. Nothing in this policy is intended to preclude a Head Coach or the Athletic Director from enforcing more restrictive team policies, team rules and sanctions. As with any violation relating to student-athlete conduct, sanctions can result in permanent dismissal from a team. The nature and circumstances of the violation, the prior record of the student-athlete and other pertinent factors will be considered upon determining the appropriate sanction.

**First Positive Test**
- Mandatory referral to Student Life for possible resolution under the Community Standards, where appropriate
- Mandatory referral to the Dickinson College Wellness Center for substance abuse assessment and any follow up treatment as recommended
- Notification of Head Coach, Athletic Director, Compliance Coordinator, Athletic Trainers, Team Physician, Parents/Guardians
- Suspension for 7 calendar days of next possible athletic team activities

**Second Positive Test**
- Mandatory referral to Student Life for possible resolution under the Community Standards, where appropriate
- Mandatory referral to the Dickinson College Wellness Center for substance abuse assessment and any follow up treatment as recommended
- Notification of Head Coach, Athletic Director, Compliance Coordinator, Athletic Trainers, Team Physician, Parents/Guardians
- Suspension for 20% of the traditional playing season, not permitted to practice or participate in any team activities during this suspension (may encompass two seasons if applicable)

**Subsequent Positive Test(s)**
- Mandatory referral to Student Life for possible resolution under the Community Standards, where appropriate
• Mandatory referral to the Dickinson College Wellness Center for substance abuse assessment and any follow up treatment as recommended
• Notification of Head Coach, Athletic Director, Compliance Coordinator, Athletic Trainers, Team Physician, Parents/Guardians
• Suspension for one (1) calendar year from all intercollegiate athletic participation and possible dismissal from team

Other Sanctions
If a student-athlete fails to report for drug testing, it will be considered a positive test result and the appropriate sanctions will apply.

If a student-athlete fails to comply with all requirements following a positive test result, he/she will be immediately suspended from all team activities.

Follow-Up Testing
A student-athlete who has had his/her eligibility suspended as a result of a positive drug test, may be required to undergo re-entry testing prior to eligibility being reinstated. Re-entry testing will be at the expense of the student-athlete.

A student-athlete who has returned to participation following a positive drug test may be subject to follow-up testing throughout the remainder of their athletic career at Dickinson College. Follow up testing will be at the expense of the student-athlete.

Reasonable Suspicion
In addition to random drug testing, a student-athlete may be subject to testing at any time when the Athletic Director determines there is individualized reasonable suspicion to believe the student-athlete may be using a banned substance. Such reasonable suspicion may be based on objective information provided by the Assistant/Associate Athletic Director, Head Coach, Assistant Coach, Athletic Trainer, Team Physician and a representative from the Office of Student Life and deemed reliable by the Athletic Director. Reasonable suspicion may be based upon, but not limited to:

1) Observed possession or use of substances appearing to be banned drugs or alcohol

2) Arrest or conviction for a criminal offense related to the possession or transfer of banned drugs and substances or alcohol

3) Observed abnormal appearance, conduct or behavior reasonably associated with using banned drugs or substances or alcohol

4) Any violation of the Dickinson College Student Code of Conduct related to the use and/or suspicion of use of illegal drugs or alcohol.
**Safe Harbor**
If a student-athlete voluntarily discloses drug use and is seeking treatment, he/she will not be penalized under the Dickinson College Department of Athletics Drug Testing Program. However, the student-athlete may still be removed from participation if there is a medical necessity to do so. The student-athlete will still be eligible for NCAA drug testing during this time.

This disclosure must come prior to the student-athlete being notified of selection for random testing or a positive test result as well as prior to any potential violation of the College’s Community Standards. The student-athlete is still subject to further testing following enrollment in the Safe Harbor program. If there is a positive test result following entry into the Safe Harbor program, the student-athlete then becomes eligible for the sanctions associated with a positive test.

**Medical Exception**
The NCAA and the Dickinson College Department of Athletics recognizes that some banned substances are used for legitimate medical purposes. Accordingly, there are exceptions to be made for student-athletes with a documented medical condition demonstrating the need for regular use of such a substance. Student-athletes are required to document all medications they are taking on the Pre-Participation Paperwork Form in ATS. If a student-athlete has been prescribed medication that is a banned substance, the student-athlete is required to submit the appropriate documentation from the prescribing physician.

The most common type of Medical Exception is for ADD/ADHD medications and there is a designated form which can be found at the link below. This form and additional documentation as needed should be submitted to the Dickinson College Sports Medicine Staff during the Pre-Participation Physical Process or as soon as a new medication is prescribed.


**Related Information**

**History/Revision Information**

Responsible Division/Office: Athletics

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Also Found In: Student Athlete Handbook