**Name:**

Alecia Sundsmo, Psy.D.

**Education:**

Psy.D. Pacific University, Forest Grove, OR

M.S. Pacific University, Forest Grove, OR

B.A. The University of the South, Sewanee, TN

**Location:** Kline Annex 2nd floor

**Licenses & Certifications:**

Licensed Psychologist in Pennsylvania

**Previous professional experience:** (List)

Directed mental health services for Grinnell College

Provided counseling services to students at Grand Valley State University and Portland State University

Provided counseling services at LifeWorks, a community mental health center in Beaverton, OR

Provided forensic testing services at Oregon State Hospital in Salem, OR

Provided learning disability testing at Chemawa, a Native American boarding school in Salem, OR

**Clinical interests:** (List)

Health and Wellness

Identity Development (racial, cultural, sexual)

Mood Regulation

Anxiety Management

Mindfulness

**Personal interests:** (use first person – sentences)

I am an outdoor enthusiast and having grown up in Michigan I know that you can get outdoors in just about any weather. Most weekdays I find my outdoor time on a run, but weekends I most enjoy getting into the woods for a good hike or backpacking trip. On most of these adventures, I’m accompanied by my Australian Shepherd mix Layla, who also enjoys staying home for a good romp around the yard chasing balls or catching Frisbees. When it’s time to stay indoors, I enjoy cooking (especially during the College CSA season), knitting, or just reading a good book.

**Publications, Presentations, or other Professional Notations:**

Sundsmo, A., Eder, K., Cordery, S., Terry, S., & Bossick, B. (2008, June). *Applying a social cognitive*

*model to alcohol education programming.* Paper presented at the 2008 Great Lakes Regional

Conference, Kalamazoo, MI.

Li, S. T., Jenkins, S., & Sundsmo, A. (2007). Impact of race and ethnicity on the

expression, assessment and diagnosis of psychopathology. In M. Hersen, S. Turner, &

D. Beidel (Eds.), *Adult psychopathology and diagnosis* (5th ed.). NY: Wiley.

Rosqvist, J., Sundsmo, A., MacLane, C., Cullen, K., Norling, D.C., et al. (2006). Analogue and virtual reality assessment. In M. Hersen (Ed.), *Clinician’s handbook of adult behavioral assessment* (pp. 43-61). New York: Academic Press.

Powch, I., Sundsmo, A., & Burke, L. (2006, November). *Resilience in women veterans abused as children:*

*How some avoid re-victimization.* Poster session presented at the Annual Meeting of the

International Society for Traumatic Stress Studies, Hollywood, California.

Sundsmo, A. (2006, May). *Exploring positive and negative experiences within interracial*

*relationships*. Poster session presented at the Oregon Psychological Association 2005 Annual

Conference, Portland, OR.

Rosqvist, J., Evans, B., Maack, D., Tritch, A., & Sundsmo, A. (2005). Behavior therapy in

natural environments. In M. Hersen & J. Rosqvist (Eds.), *Encyclopedia of behavior*

*modification and cognitive behavior therapy: Vol. I. Adult clinical applications* (pp. 151-155). New

York: Sage Publishers.

Rosqvist, J., Sundsmo, A., MacLane, C., Cullen, K., & Cartinella, J. (2005). Outside the office walls: Ecological relevance in the treatment of refractory obsessive-compulsive disorder. In B. E. Ling (Ed.), *Obsessive compulsive disorder research* (pp.121-144). Hauppauge, NY: Nova Biomedical Books.

Powch, I., & Sundsmo, A. (2005, November). *Preliminary results for a two-phase group*

*treatment for PTSD in male veterans.* Poster session presented at the Annual Meeting of the

International Society for Traumatic Stress Studies, Toronto, Ontario.

Powch, I., Sundsmo, A., Christensen, S., & Morea, J. (2005, November). *Determinants of*

*attachment among women abused in childhood.* Poster session presented at the Annual

Meeting of the International Society for Traumatic Stress Studies, Toronto, Ontario.

Sundsmo, A. (2005, May). *The role of race and ethnicity in forensic evaluation: A review of*

*the literature.* Poster session presented at the Oregon Psychological Association 2005 Annual

Conference, Eugene, OR.

Rosqvist, J., Sundsmo, A., Brodhagen, A., Clothier-Norlane, D., Maack, D., & Thomas, J. (2004,

November). *Generalized anxiety model effectively treats health anxiety: The role of*

*tolerance for uncertainty.* Poster session presented at the 38th Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Martin, C., McCollum, K., & Sundsmo, A. (2004, October). *Mindfulness based cognitive therapy*

*(MBCT) with American Indian women.* Poster session presented at Pacific University School of

Professional Psychology’s Diversity Day, Forest Grove, OR.