

Holiday Reminder

The holidays can be hectic. But while you're busy planning meals, buying presents and traveling, don't forget what's most important about the holiday season—good health and being with the ones you love.

We would like to remind you that while you're spending time with your parents and in-laws during the holidays, Health Advocate can help them with their health insurance and benefit-related issues too! You can even reach out to us on their behalf.

The many ways we can help

Your Health Advocate program provides your family with a Personal Health Advocate who can:

- Find doctors and specialists
- Help schedule appointments
- Address medication issues
- Explain Medicare
- Resolve claims issues
- Locate in-home care, assisted living, long-term care
- Negotiate medical bills
- Secure second opinions
- And much more!

Your employer or plan sponsor offers your Health Advocate benefit at no additional cost to you and covers eligible members, their spouses or domestic partners, dependent children, parents and parents-in-law.



Real people...real results

“You’ve given me peace of mind.”

Karen needed assistance finding in-home senior care for her mother-in-law. Health Advocate located a weekly in-home health aide service for help with meals, as well as a transportation service to take her mother-in-law to and from her weekly physical therapy appointments.



Just call!

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